



Ride with
GPS Maps



Free verbal cues on your phone



Follow the
Yellow RouteArrows
along the route.

Please Share the Road
by riding safely, lawfully,
and courteously.

- Ride to the right and no more than two abreast.
- Obey traffic control devices.
- Use hand signals when stopping and turning.

In case of an **Emergency**, call 911
For **Sag Support**, call xxx-xxx-xxxx

Monster Cookie Metric Century Bicycle Ride

Full Cookie	Half Cookie	
0.0	0.0	Start of route
0.0	0.0	East along McNary HS to start
0.5	0.5	R on Chemawa Rd at traffic light
0.9	0.9	L on Shoreline Dr at stop sign
1.2	1.2	L on Dearborn Ave
2.7	2.7	L on Noren Ave
2.9	2.9	R on Keizer Rd
3.1	3.1	BR toward MLK multi-use path
3.1	3.1	L on MLK multi-use path
3.6	3.6	BL on path toward Keizer Station
3.7	3.7	R on sidewalk
3.8	3.8	R on paved multi-use path
4.0	4.0	R to continue on multi-use path after crossing bridge
4.4	4.4	R on Keizer Station Blvd/35th Ave
6.0	6.0	R on Quinaby Rd
7.1	7.1	L on OR-99E - CAUTION: Busy Crossing
7.4	7.4	R on Quail St
8.7	8.7	L on Lakeside Dr
10.2	10.2	R on Brooklake Rd
10.4	10.4	R on 65 th Ave
10.9	10.9	L on Labish Center Rd
11.6	11.6	BR to continue on Labish Center Rd
11.9	11.9	R on 74th Ave
13.3	13.3	L on Hazelgreen Rd - CAUTION: Busy Crossing
13.4	13.4	R on 75th Ave
14.9	14.9	L on Silverton Rd - CAUTION: Busy Crossing
15.3	15.3	R on 76th Ave/Heron St
17.1	17.1	R on 81st Ave
17.5	17.5	L on Lardon Rd
17.6	17.6	R on 82nd Ave
17.8	17.8	REST STOP - Willamette Valley Pie Company
17.8		Continue south after rest stop (half route returns north)
18.4		L on Sunnyview Rd
18.8		L on Howell Prairie Rd
19.9		R on Kaufman Rd
20.7		L on Desart Rd
21.4		R on Selah Springs Dr
23.3		L on Brush Creek Dr
24.0		Str across Silverton Rd on Brush Creek Rd - CAUTION: Busy Crossing
25.2		R on Hazelgreen Rd/Pine St
26.9		L on James St
27.7		L on Hobart Rd
28.2		R on Gallon House Rd
29.4		R on Downs Rd
29.8		Str across Wilco Hwy on Downs Rd - CAUTION: Busy Crossing
30.4		L on Hook Rd/Humpert Ln
31.7		LUNCH STOP - Benedictine Brewery

Full Cookie	Half Cookie	
31.8		Continue north after lunch stop
32.0		OPTIONAL BONUS CLIMB: Right toward Abbey Rd for a climb to Mount Angel Abbey!
32.0		L on College St
32.1		R on Alder St
32.5		R on Marquam St
34.7		L on Meridian Rd
36.9		L on Woodburn-Monitor Rd
37.3		BL on Monitor-McKee Rd
38.8		Str across OR-214 on Monitor-McKee Rd - CAUTION: Busy Crossing
43.1		L on Howell Prairie Rd
44.5		Str on Mount Angel-Gervais Rd
44.6		Str on Howell Prairie Rd
48.4		R on Rambler Dr
48.4		REST STOP - Trinity School
48.5		Continue west after rest stop
50.4		L on 75th Ave/Brooklake Rd/72nd Ave
51.4		R on Labish Center Rd
17.8		North on 82nd on return (metric route continues south)
17.9		L on Lardon Rd
18.1		R on 81st Ave
18.4		L on Heron St/76th Ave
20.2		L on Silverton Rd - CAUTION: Busy Crossing
20.6		R on 72nd Ave
22.2		L on Hazelgreen Rd - CAUTION: Busy Crossing
22.2		R on 75th Ave
23.7		L on Labish Center Rd
24.6		R on 65th Ave
25.3		L on Lakeside Dr
26.9		R on 54th Ave
28.2		L on OR-99E - CAUTION: Busy Crossing
28.4		R on Quinaby Rd
29.6		L on 35th Ave
31.1		L on multi-use path
31.5		L to cross bridge on multi-use path
31.6		BR on multi-use path
31.7		L on sidewalk
31.8		L on multi-use path
32.0		BR on MLK multi-use path
32.4		R toward Keizer Rd
32.5		BL on Keizer Rd
32.6		L on Noren Ave
32.9		R on Dearborn Ave
34.4		R on Shoreline Dr
34.7		R on Chemawa Rd
35.0		L on Celtic Wy toward McNary HS
35.1		R at parking lot toward finish
35.5		Congrats for finishing the Monster Cookie.