

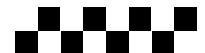


Quick Releases

The Monthly Bulletin
Of the Portland Wheelmen Touring Club



September 2017 Vol XLVI No 9



Top Talk

By Chip Kyle
President

This past month has been an active one for club members with many opportunities for participation. To begin, the normal, regularly scheduled club rides have seen increased attendance now that the weather is favorable. Ride leaders are reporting large turnouts at their rides, with many having 30+ riders! Pretty impressive! Next, we had great turnout for the San Juan Islands trip during the second week of August. See the report elsewhere in this QR for a report from Kathleen Hellem of that ride and fun that all enjoyed. Immediately following that trip was the club picnic. We had 125 club members register for the event. Despite the slightly damp beginning to the day (and the brief, but noticeable, rain shower while we were eating) it was a fine day for a ride (we offered three different distances), picnicking and getting together with fellow club members. Special kudos to Benn Schonman for organizing the event as well as Ann Morrow and Kathleen Hellem for ably assisting. Finally, as I am writing this, the Idaho ride is just starting. Again, this popular ride has "sold out" due to the opportunity to see moose (is there a plural for this?).

This past month has also, unfortunately, seen a rash of accidents that have put club members in the hospital, sent others to the emergency room and sent others to their doctors, chiropractors and physical therapists. It's an understatement that this has been a tough month for the club. Please remember that riding a bike can be dangerous and we need to be careful and

Sheilagh Griffin

From Street
Trust
(formerly
BTA)

**Name change
and expanded
mission**



Last Non PWTC organized ride that
counts for mileage:



PRESENTED BY



Sunday, September 24, 2017

Ride Leader: Benn Schonman



<http://harvestcentury.org/>

As you may notice, the QR looks like the same format. I ended up getting a new PC so now I am continuing to use the wonder publisher program that makes it very easy to put this newsletter together.

-Kimberly Morehead, editor

Club Meeting

Date: Thursday, September 7, 2017

Time: 7:00 PM

**All Saints Episcopal
Church**

**4033 SE Woodstock Blvd
Portland OR 97202**

Board Meeting

Date: Monday, September 25, 2017

Time: 6:30 PM

Place: Legacy Emanuel Hospital
2801 N. Gantenbein Ave
Room 1035

All club members may attend Board Meetings. Submit items to be considered in writing by the preceding Club Meeting to Chip Kyle at 503-387-3940 or cvkyle109@gmail.com

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alert. On a similar note, we also need to remember that we share the road with cars and trucks and that we need to adhere to traffic regulations. Just today, I witnessed a rider run one red light, then a second red light, and a different rider pedal through a crosswalk full of pedestrians. If we want to be respected by drivers and share the road with other vehicles, then we need to follow the same rules as they do!

Of special note, there is a new bikeway that PBOT says is ready for riders. This is a new 9 mile stretch that connects the Springwater Corridor with NE Lombard Street. The bikeway roughly follows 28th Avenue, but jogs periodically to parallel streets for stretches. At difficult intersections, bike-friendly crossing signals have been installed as well as two-way bike lanes to guide riders along the way. Check it out!

Finally, on a personal note, being forced into inactivity due to the back surgery I had at the beginning of

June, gave me extra time to read and be involved other less strenuous activities. One of the more philosophical items I encountered and would like to pass along to you is:

The purpose of life is to discover your gift.

The work of life is to develop it.

The meaning of life is to give your gift away.

Ride Safely!

Chip Kyle

Heritage Tree Ride was a great success. Thanks Pat for putting on this great ride!



Portland Wheelmen Touring Club Contact Information

(Please call before 9:00 pm)

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 Arden Shelton 503-709-7252
 Awards Banquet...Benn Schonman 503-775-8300
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 McQuery, Kathleen Hellem

Newsletter

Deadlines

Announcements, Events, and Classified Ads for consideration of publication should be submitted to Kimberly Morehead by the **20th** of the month to be in the next QR. Publishing of letters is at the sole discretion of the Editor and dependent upon space available. Opinions expressed are those of the individual and not representative of the PWTC or the Editor. Classified are run for 2 months unless other arrangements are made. Articles and classified from members have priority if space is limited.

Ride

Information

Ride information is to be submitted to the Road Captain. Ride leaders wishing to create their own ride descriptions or to sign up to lead a ride for the following month need to provide the Road Captain with pertinent information two weeks ahead of the ride!

Contact either Patrick Cecil or Bill Hamilton at PWTC
 Road Captain email: roadcaptain@pwtc.com

PWTC Web Site:

<http://www.pwtc.com>



Quick Releases 2017

BULLARDS BEACH RECAP



HUGE THANKS, to **Bud Rice** and **Arden Sheldon** for all your hard work organizing and leading this amazing event packed with great cycling routes, s'mores, jiffy pop, and beer/wine for some of us.

This is one of many rides Bud puts on that was a **REAL** crowd pleaser! We couldn't have asked for better routes not to mention

the best of company! Truly, this was an amazing event. **PWTC** had a large turnout, and everyone had a great time.

It's true the raccoons made out like bandits on our s'mores and crackers, but that didn't slow us down, not on bit! If you get a chance to attend one of Buds multi-day bike rides next summer, don't miss out! The pace is moderate and you can ride your own ride. Maps are provided at the beginning of the ride, and the course has been thoroughly vetted days ahead of the start date to ensure a safer and greater riding experience.

PWTC** very much appreciates all you do for us, **Bud Rice!

Respectfully Submitted,
Kathleen Hellem



PWTC Spotlight on Safety

By Bill Hamilton

MOI?!

As the loyal readers of this column know, the material and inspiration for this column is often supplied by fellow riders, often by example. I try to keep the rider's identity and gender nonspecific so as to not embarrass specific riders.

Well, this month is different. I'm actually going to name the offending rider because that rider is me! ("Moi" is French for "me") Yup, me, the safety crusader, the road safety marshal, the safety tattle-tale, the monthly Spotlight on Safety author.

After a recent ride two experienced and longtime PWTC riders approached me and explained that I was riding to the left of where I should be and causing auto traffic to move over to avoid me. I was the subject of several "Car Back" admonitions during the ride that I was apparently unaware of. At first, I was shocked and disbelieving. I thought they may have been playing a joke on me, but after a bit of back and forth, I was convinced that they were genuine in their criticism of my riding behavior that day, and I thank them for bringing it to my attention.

So, with all due humility, I once again remind ALL riders to be aware of how they are riding and how their riding behavior can affect other riders. Since that ride I have paid even more attention to the safety aspect of how I'm riding and I encourage all of us to re-double or focus on our own safe riding, because it is apparently easy to become lax in our road manners and slip over to the dark side.

"Let's be safe out there"





Some of the pictures trickling in from the Idaho tour at the time of publication



PATH OF TOTALITY OR BUST RIDE August 21, 2017

Yesterday was the big day. Awoke at 5:15am (yawn) for a 7:30am POTOB (Path of Totality or Bust) ride start. Didn't know how bad the traffic would be so arrived in Beaverton an hour early to meet about 15 riders on our way to St. Paul, Oregon. I had uploaded the route onto my phone from ridewithgps.com so had verbal cues for each turn. Wound thru hilly back roads (for 25 miles) in order to avoid the expected traffic. Brought my E-Bike so I could haul a camera and tripod. Not much traffic until the last 8-10 miles but felt safer in the group. Set up camera and tripod in the St. Paul High School field with a few hundred others and started a series of photos. Shot the crowd, shadows and other weird stuff with my iPhone while keeping the main camera adjusted periodically to keep the sun in the shot. (Huh. It kept moving.) The color of the light changed. Finally, the big moment arrived: totality. Removed the very dark solar filter from the camera. It got dark. Lots of oohs and ahs. Lots of silence. The breeze picked up. Temperature dropped. The only animals around were the people. They looked strange. I felt strange. (stranger than usual anyway).



Stayed another 45 minutes past totality, taking more photos, and waiting for the traffic to thin. We remounted our vehicles and returned the same way we came (49.4mi, 2500' elevation gain), not much traffic, but more than I would like on those rural byways. Was back at the start by 1:15PM, no traffic on the way home. Early to bed. Still processing the event.

Peter Goodkin





Bruce on the Family Ride



Were you one of the lucky winners?

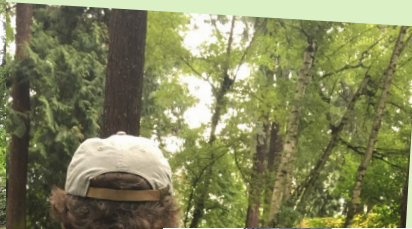


Look at the talent we have at hula hooping!



Ann's group ride





Benn provided Bud with an appropriate sign after his little tumble he had on his bike.



Tom's Picnic ride





There was a great turnout of 14 PWTC members for this ride. Most did the 100 miles and enjoyed either Peach or Marionberry pie at the end of the ride. It was a hot day, but a great ride!



Welcome New Members

Alex Amparo
Andrei Amparo
David Criss
Aura DeOlazo
Sarah Felix
Kathy Finney
Brigid Flanigan
Sue Fry
Kimberly Mickley
Mega Mickley
Aaron Rotkowski
Vicky Westerfield



Enjoying lunch before heading out for 50 more miles.



CD arriving back to the start after riding 100 miles in 90 degree heat.



Bob and Scott enjoying pie after their century ride.



Cascading Rivers Rides

September 16th & 17th
Estacada Oregon

Killer Fang: 72 miles each day

Bagby Spa Ride: 71 miles Sept 16th only

Raging Rapids: 35 or 52 miles Sept 17th only

Little Riffles: 12 miles Sept 17th only

This is not a club approved mileage ride.

The smell of campfires and mountain pine will greet you in the mountains along the scenic bikeway these days.

This time of year the rivers and streams are a little lower but very clear. Rides in the mountains are cooler and the air a little more crisp. Our route is along one of the Northwest's most popular whitewater areas. The Upper Clackamas sports the largest whitewater event in the Northwest each Spring. The Breitenbush and mountain streams along the bikeway generally have lower flows and require a higher level of skill to navigate as summer arrives. However the Clackamas below the Sandstone Bridge to the big Cliff area still gets a lot of play. Most of the craft are commercial rafts or Kayaks and play boats that you will see along the 11 named rapids along this stretch.

Southeast of the Sandstone Bridge the Clackamas diverts from the highway for a remote stretch named the "Killer Fang". This section has more difficult rapids but is not close to the road that makes rescues a little more dicey. This section is named after the class VI rapid "Killer Fang" (generally considered extremely dangerous and not navigable). The river is covered by a house sized boulder that fell off the South side of the river wall causing the stream to develop a channel 15 to 20 feet below river level and to emerge a hundred feet down river. A small stream (the fang) escapes around the boulder in high water that allows for the potential water craft to sometimes avoid certain destruction and death.

The Killer Fang ride is guaranteed to challenge cyclists with its hills but not with the same level of danger as rafters who try the rapid for which it is named.

More info at: eda1.org.

Link to registration: https://www.imathlete.com/events/EventReg/EventReg_SelectType.aspx?EID=65157&fNew=1

Submitted by coordinator of the ride: Phil Lingelbach

Steens Mt. Scenic Loaded Tour

September 5 - 11

The Steens Mt. rises (9773) as an elongated ridge more than 5000 feet above the desert floor with awesome sunrises and sunsets for a willing wilderness camper bundled up against the cooling winds. We hope to enjoy Tuesday's sunset and Wednesday's sunrise primitive camping near the summit. Tuesday, Wednesday, Thursday will be GROUP ride days while Friday, Saturday, Sunday will be NON-GROUP optional routes. Considerations: Some primitive desert camping. Thursday & Friday include a combined 52 miles of gravel road (surface conditions unknown). Nights and early mornings could be cold. Head winds may blow daily. Water sources three days will be uncertain: plan to purify your own water. Cell service will be irregular.

Riders are advised to research the route described (creating your own map), to become familiarize with road conditions, investigate water availability, and the camping situations by using on Google maps and/or Google Earth or other resources for information. Leader will provide a route map BUT do your own research, too.

Tuesday, Sept 5 (No riding mileage) Transportation: Each rider is responsible for his/her transportation to/from Frenchglen. Start/finish: Google Map shows 333 miles thru Madras, Prineville, Burns (6 hours; no stops) Meet up: before 4:00 pm Frenchglen Hotel. At 4:00 pm we'll start driving the gravel summit-ward checking Page and Fish Lake Campgrounds. On the drive up we'll also evaluate the road surface to determine the feasibility of descending safely Wed. morning. Camping: A "primitive, wilderness camp" near the summit (no campground, water, or toilet (please plan for your needs). Or choose Page (near Frenchglen) or Fish Lake. Or make your reservation at Frenchglen Hotel or camp on hotel lawn.

Wednesday, Sept 6 (Group ride; 50 miles; maybe 70 miles) After a majestic sunrise some riders may choose to descend 20+ miles on unloaded bikes for "second breakfast" at Frenchglen Hotel. Or we'll drive to Frenchglen Hotel for "first breakfast" then load bikes, leave cars, and begin tour of the Catlow Valley Road for 50 miles to Fields café (best milkshakes in the West), grocery, and motel (make your own reservation) and/or rustic camping. No certain water source after Frenchglen for 50 miles.

Thursday, Sept. 7 (Group ride; 41 miles; 29 miles gravel) Eat "First Breakfast" at the Field's cafe or your stove (No "Second Breakfast for two days) Pavement turns to gravel road after 12 miles and at 15 miles is ghost town of Andrews (old school is studio to a world famous desert landscape artist John Simpkins). After 8 more gravel miles stop at Alford Hot Springs (\$5) for soak. 18 miles of gravel takes us to primitive camping at Mann Lake (filter, boil, or tablet disinfect lake water).

Friday, Sept. 8 (Group ride; 65 miles; 23 miles gravel) After 23 miles of gravel we will welcome pavement of Hwy 72 (Steens Highway) for 38 miles to Crane's cafe/grocery for late "second breakfast." Crane Crystal Hot Springs and Campground awaits us after another 4 miles. No certain water sources after Mann Lake.

Saturday, Sept. 9 Options: (Non-group; 62 miles; or 51 miles; or 86 miles) 1) Back track 14 miles on Hwy 78 to New Princeton to ride 48 miles to Frenchglen to the cars. (total 62 miles) Head home or camping options: Frenchglen, Crystal Cane Hot Springs, Kiger Mustang Viewing Area, Narrows Campground, etc. 2) After a 28 miler into Burns enjoy a "Second Breakfast." Then 23 miles on Hwy 205 to camp at Narrows and an optional unloaded gravel road ride of 18 miles round-trip to the Malheur National Wildlife Refuge Headquarters. (51 miles + plus refuge trip?) 3) After a 28 miles into Burns enjoy a "Second Breakfast find a place to leave panniers and ride 58 miles to Narrow and Frenchglen to the cars return for panniers. (total 86 miles) Head home or camp options see # 1

Sunday, Sept. 10 (Non-group; 35 miles) After camping at Narrows ride 35 miles to Frenchglen Hotel for "second breakfast" or drive back to Narrows for "second breakfast" or no "second breakfast and drive home. Or camping options see Saturday 9 # 1

Ride Leaders: Don Spencer (donldwspencer@gmail.com & John Burkhardt (jburkh@hotmail.com

SAN JUAN ISLANDS RE-CAP

August was a busy month for **PTWC**! We had a packed calendar with multi day bike rides. The hazy skies from the Canada wildfires made for some amazing sunsets. As a cyclist, you hope for the best air quality, but that's not always going to be the case. Mother nature has her own ideas! Either way, it didn't impact us much. Okay, the truth be told, some of us skipped Mt. Constitution short steep climb because we knew the view was hazy because of the wildfires. Well, except for Brent Morrow, Ann's son. What an over achiever!!!

Pictures don't do this experience any justice! If you missed this trip, keep your eyes open for the next time PWTC ride leaders put it on a calendar!

HUGE THANKS to **Cindy Bernert-Coppola** and **Alan Coppola**

for being our **RIDE LEADERS!!!** With as much as you do for our club already, this was a high involvement



task to take on. Thank you for going ahead of all of us and setting up camp!

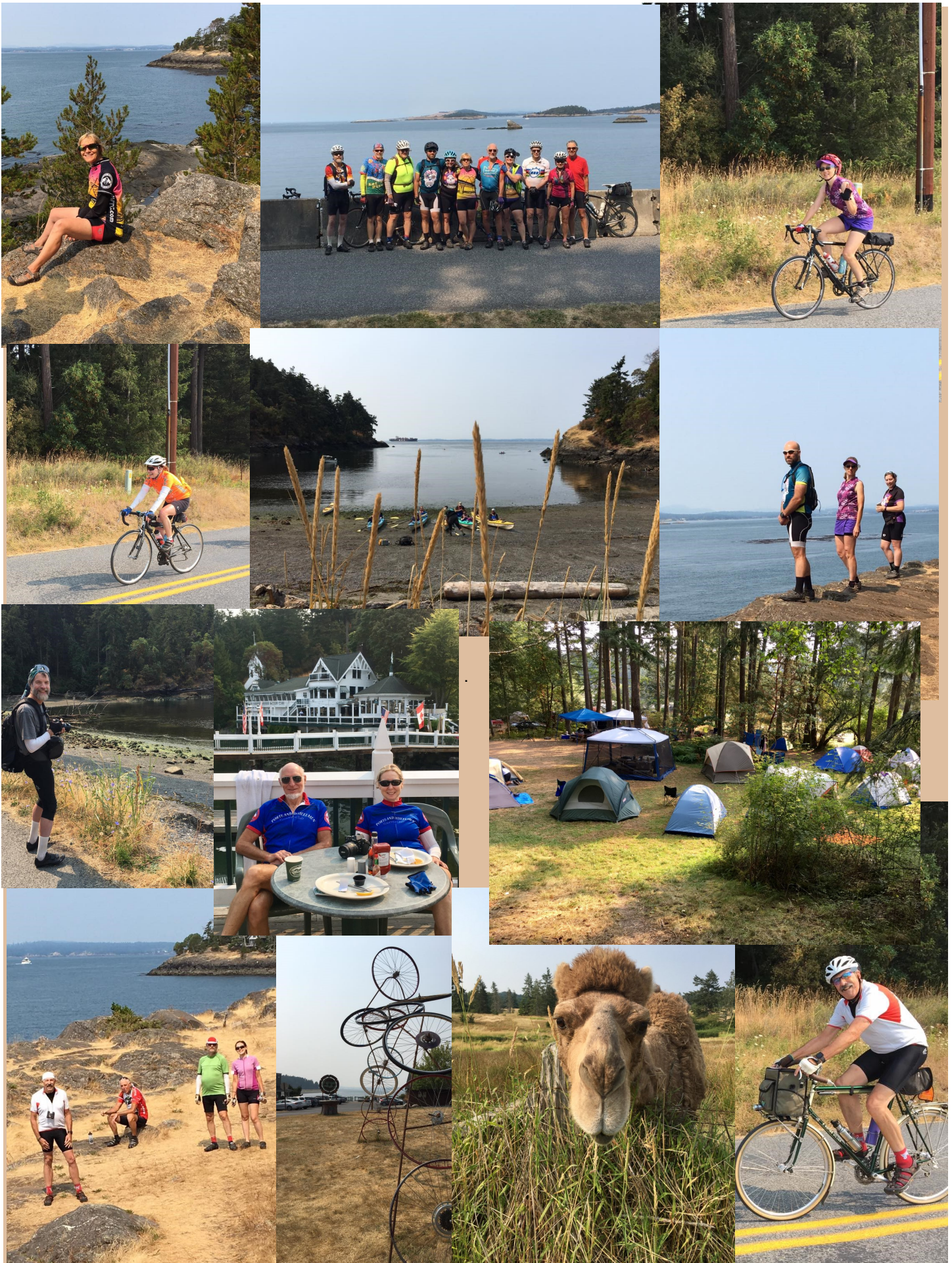
Cindy Bernert-Coppola, Alan Coppola, and Ann Morrow coordinated together to make this a total success. As expected, there were a lot of details involved in making this a successful event. Reserving our camp grounds, making ferry reservations for the vehicles that went over with all our camping gear, staying on top of the ever-changing ferry schedules, just to name a few. Thank you both for your hard

work. We all had fun!!! **Huge thanks**, to all our **PWTC members** that participated in taking your vehicles over and facilitating with all the cyclist in getting their gear over to the island!!! It takes a village.

Respectfully submitted,

Kathleen Hellem





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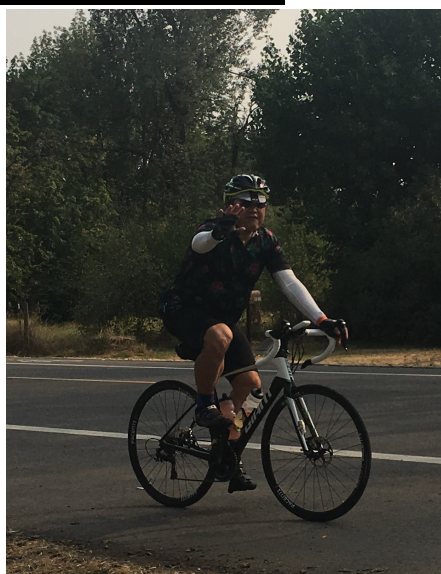
Check your membership expiration date.

Is it time to renew?

Online: <http://pwtc.com/>

WE'RE ON THE
WEB!

PWTC.COM



CONGRATS ON
YOUR FIRST
CENTURY:

MING and ASHLEY!
Great job in completing 100 miles during the Beaverton Banks & Beyond! (Editor's note, Ming's photo is from the Peach of a Century as there were no riding pictures that I had for BB&B)

