



# Quick Releases

The Monthly Bulletin  
Of the Portland Wheelmen Touring Club



May 2017 Vol XLVI No 5



## Top Talk

By Chip Kyle  
President

This is a plea for volunteers. In less than five weeks, we will be hosting our signature, invitational ride, The Pioneer Century. There are a myriad volunteer positions that need to be filled to successfully stage this event. To date, many club members have signed up to help and we are very appreciative of their commitment to the club and their interest in helping make the Pioneer a success. However, there are several critical volunteer positions that need to be filled. Please read Corey Eng's article nearby to see the positions that are open. Many of the positions are structured so that you can be a volunteer as well as ride on the day of the ride. If you have not already volunteered, please help our club make this event a truly great experience!

I also encourage you to attend this month's club meeting. It promises to be an interesting program by Cynergy E-Bikes. As the name implies, the program will be about electric assist bicycles. Included in the program will be information about individual brands as well as conversion kits to transform traditional bikes into e-bikes. If you come early, Cynergy will be offer-

May will be a big month for anyone who's been curious about E-bikes:

**Rich Fein** and **Tyler Desjardins** from **Cynergy E-Bikes** will be discussing all things e-bike, and will also be offering **test rides** from 6:00 to 6:45 p.m. - so be sure to arrive early if you'd like to take a spin on one.

In addition, on **May 20 - 22** an E-bike expo is being held at Lloyd Center, with over 100 models available for test rides: <http://www.electricbike-expo.com/locations/portland-oregon/>



## Open Positions

3 Positions are coming open for election at the June Club Meeting:

**Road Captain**

**2 Member at Large positions**

Contact anyone on the board if you are interested in serving on our board.

## Club Meeting

Date: Thursday, May 4, 2017

Time: 7:00 PM

**All Saints Episcopal Church**

**4033 SE Woodstock Blvd**

**Portland OR 97202**

## Board Meeting

Date: Monday, May 22, 2017

Time: 6:30 PM

Place: Legacy Emanuel Hospital  
2801 N. Gantenbein Ave  
Room 1035

All club members may attend Board Meetings. Submit items to be considered in writing by the preceding Club Meeting to Chip Kyle at 503-387-3940 or [cvkyle109@gmail.com](mailto:cvkyle109@gmail.com)

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offering test rides beginning around 6:00 PM. Also, if the topic is of interest to you, there will be an E-bike Expo at Lloyd Center on the third weekend of May.

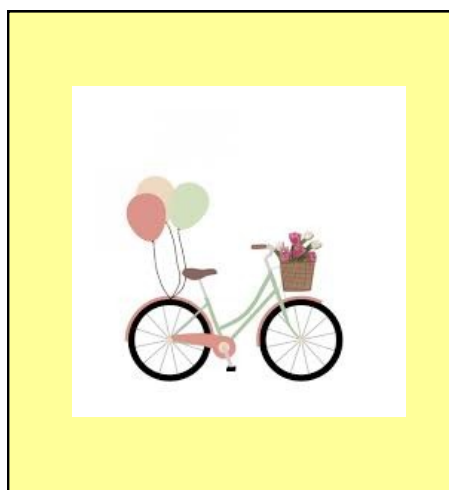
You know well my interest in bike safety. I subscribe to a weekly email newsletter called Road Bike Rider and they had a recent article authored by the principals of the publication. The article dealt with something all of us have experienced, or will (unfortunately) experience - bike crashes. I encourage you to read the article, not from a voyeuristic perspective of a mishap, but instead for the lessons learned from each crash. For each crash that is described, there is a follow-up paragraph about what they learned and how that type of crash might be avoided in the future. If you're interested, here is a link to the

the article:

<https://roadbikerider.com/latest-rbr-newsletter-2017/276-issue-no-758/2792-the-rbr-crew-s-crashes-lessons-learned>

Ride safely.

Chip Kyle



Upcoming Non PWTC rides for Mileage Credit coming up this month...



**RACC—Ride Around Clark County**

May 6th

Vancouver WA

Ride Leader: Ann Morrow



**Reach the Beach**

Presented by American Lung Association

May 20th

Grand Rhone, Amity, Newberg or Portland starts

Ride Leader: Scott Poindexter

## Portland Wheelmen Touring Club Contact Information

(Please call before 9:00 pm)

### Elected Officers

President.....Chip Kyle 503-387-3940  
[cvkyle109@gmail.com](mailto:cvkyle109@gmail.com)  
 Vice-President.....Ann Morrow 360-608-3173  
[anniedmor@gmail.com](mailto:anniedmor@gmail.com)  
 Recording Sec.....Joan Cullen 503 762-1629  
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[jeremywilson@comcast.net](mailto:jeremywilson@comcast.net)  
 Road Captains.....email: roadcaptain@pwtc.com  
 Patrick Cecil 503-702-8864  
 Bill Hamilton 503-778-0552  
 Members-at-Large.....Corey Eng 503-641-2971  
 Kimberly Morehead 360-355-2765  
 Benn Schonman 503-775-8300  
 Chuck Dorr 503-705-2212

### Event Coordinators

2016 Awards Banquet Awards...  
 Bud Rice 503-667-0683  
 Arden Shelton 503-709-7252  
 Awards Banquet...Benn Schonman 503-775-8300  
 2017 Pioneer Century Coordinators...  
 Ann Morrow 360-608-3173  
 Brian Hammer 310-591-9458  
 2017 Pioneer Century Vol. Coordinator...Corey Eng  
 503-641.2971 [coreybike@comcast.net](mailto:coreybike@comcast.net)  
 2017 STP Finish.....Ann Morrow 360-608-3173  
 2017 STP Bus.....Bill Hamilton 503-778-0552  
 STP Vol. Coordinator.....Corey Eng 503-641-2971  
[coreybike@comcast.net](mailto:coreybike@comcast.net)  
 Program Committee .....Barry Emmerling  
 503-231-1879

### Appointees

Statistician.....George Ammerman 971-270-6440  
[stats@pwtc.com](mailto:stats@pwtc.com)  
 Librarian.....Jim Buchanan 503-545-8754  
[jimbuchanan45@comcast.net](mailto:jimbuchanan45@comcast.net)  
[www.librarything.com/catalog/pwtc](http://www.librarything.com/catalog/pwtc)  
 Information Line.....Bud Rice 503-667-0683  
 Historian.....Patty Mooney 503-254-7702  
 Helmet Committee...  
 Bruce Buffington 971-570-4791  
 Refreshments.....Bud Rice 503-667-0683  
 Welcome Rides.....Ann Morrow 360-608-3173  
 Web Captains...  
 Alan Coppola & Cindy Bernert-Coppola  
 503-781-1822  
 Bike Boxes.....Jackie Seguin 503-231-7216  
 PWTC Clothing.....Arden Shelton 503-709-7252  
 PWTC Shop Flyer.....Ann Morrow 360-608-3173

### Quick Releases Staff Editor...

Kimberly Morehead 360-355-2765  
[pwtc.qr@gmail.com](mailto:pwtc.qr@gmail.com)  
 Editorial Assistant: Pete Schmidt  
 Club Reporters, Ann Morrow, Bill Hamilton, Dave McQuery, Kathleen Hellen

### Newsletter Deadlines

Announcements, Events, and Classified Ads for consideration of publication should be submitted to Kimberly Morehead by the 20th of the month to be in the next QR. Publishing of letters is at the sole discretion of the Editor and dependent upon space available. Opinions expressed are those of the individual and not representative of the PWTC or the Editor. Classified are run for 2 months unless other arrangements are made. Articles and classified from members have priority if space is limited.

### Ride Information

Ride information is to be submitted to the Road Captain. Ride leaders wishing to create their own ride descriptions or to sign up to lead a ride for the following month need to provide the Road Captain with pertinent information two weeks ahead of the ride!

Contact either Patrick Cecil or Bill Hamilton at PWTC  
 Road Captain email: [roadcaptain@pwtc.com](mailto:roadcaptain@pwtc.com)

### PWTC Web Site:

<http://www.pwtc.com>



Quick Releases 2017

## Pioneer Century

by Ann Morrow

Co-coordinator 2017 Pioneer Century

We're only about one month out from our Pioneer Century. Brian Hammer is working hard on our behalf to put on a benchmark event that cyclists will enjoy and talk about for months to come.

Please thank Brian for stepping up to take on this important role that benefits our club so very much.

If you are not volunteering because you want to ride the PIONEER, don't feel guilty. We encourage you to be out riding our event ride. Stop reading right now, go to [PWTC.com](http://PWTC.com) and push that PIONEER CENTURY button. It's easy. Get yourself signed up.

A big Thank You in advance to all of you that are helping us get the Pioneer Century ready for roll out. We take a lot of pride in it and need all the help we can get. I know many of



you make sacrifices of various sorts to lend a hand and we appreciate it.

As the month of May counts down please promote our ride. Mention it at rides, talk it up, encourage your non-club member riding friends to come to the PIONEER. Word of mouth goes a long way in getting the word out.

As you ride our Pioneer Century please display your friendly and hospitable selves to our guests. Smile! Say "hello." Ride responsibly. Have a wonderful day of riding.

Thank you all for your ongoing efforts.

## PWTC Spotlight on Safety

By Bill Hamilton

### PASSING

Most of this month I was without an idea for this May's Spotlight on Safety column and getting a little worried that that I might not be able to come up with an article. However once again a fellow rider provided the inspiration for this month's article.

After many years and miles of riding, I have found that there are some riders who I am just uncomfortable riding around. Sometimes it is very clear why the discomfort - they make blatant and obvious mistakes while riding, and I simply avoid riding near these people. In other cases, the unease with particular riders is more subtle, its kind'a hard to identify exactly what it is that they are doing that bothers me. For the past year or so, I have felt this unease around a particular rider and didn't know why. This week I finally figured out why. Initially this rider was very jerky on their bike. Their riding style was not smooth. The bike jerks right and left. They are behind and then in front. Nothing blatantly unsafe, but disquieting. Then, this week, with no warning, they passed me on the right two times in quick succession with no call out that they were passing, much less that they were passing on the RIGHT. One of the times I was already moving over to the right. They weren't there when I started to move over, and suddenly there they were, right next to me and I almost rode into them.

So, the point of this is that riders need ride in a manner that makes others in the group feel that they can rely on each other to not do unpredictable and unsafe moves on their bikes. Passing without calling out is unsafe. Passing on the right is very unsafe. Passing on the right without calling out is flat out dangerous.

### Here are some goals to aim for while riding:

Ride smoothly. Don't jerk your bike around to the right and left. Holding the handlebars right next to the stem causes the steering response to be abrupt. Move your hands further out on the handlebars.

Make your intentions known. If your braking, call it out. If you're passing, call it out. If you're moving over point it out. If there are road hazards, call 'em out. You get the idea.

When approaching a stop, maintain your position in the group. If you're riding in the back, stay there at the stop. Don't coast all the way to the front and make everyone else pass you again when the group takes off.

And when riding in groups, always be alert for other riders. Even the best riders make mistakes. Keep your eyes open all time for whatever may happen in the group.

AND...

"Lets be safe out there"



## Pioneer Century Volunteer Openings

As of May press time, these positions are currently available for you to volunteer in helping your club stage another successful PWTC signature event. Choose one or more of these slots and preserve your spot on <http://www.signupgenius.com/go/20f0a4aa8a92ea5fa7-2017>

**Equipment Chauffeur** - Canby Fairground Outbound to Elliot Prairie Rest Stop  
Saturday June 3, 2017; 6:30 am - 8:30 am  
**Would like volunteer to sign-up also for return Inbound leg listed below.**

**Equipment Chauffeur** - from Elliot Prairie Rest Stop  
Inbound to Canby Fairground  
Saturday June 3, 2017; 2:00 pm - 3:30 pm

**Install Tripod & Directional Road Sign (2 positions available)**  
Saturday June 3, 2017; 6:00 am - 9:00 am  
Use your own vehicle, reimbursed for gas

**Sweep up Tripod & Directional Road Sign (2 positions available)**  
Saturday June 3, 2017; 2:00 pm - 3:30 pm  
Use your own vehicle, reimbursed for gas

**Sag/Support Driver** - 34/62 Mile Valley Routes (2 positions available)  
Saturday June 3, 2017; 7:45 am - 2:00 pm  
Use your own vehicle, reimbursed for gas

**Sag/Support Driver** - 62/100/104 Mile Hill Routes  
Saturday June 3, 2017; 6:45 am - 1:00 pm  
Use your own vehicle, reimbursed for gas

**Sag/Support Driver** - 62/100/104 Mile Hill Routes  
Saturday June 3, 2017; 12:00 pm - 5:30 pm  
Use your own vehicle, reimbursed for gas

**Merchandise Sales** - Canby Fairground  
Saturday June 3, 2017; 12:30 pm - 4:30 pm

**Wrist Band Cutter** - Canby Fairground  
Saturday June 3, 2017; 2:30 pm - 4:30 pm

**Rest Stop Worker Finish Line** - Canby Fairground  
Saturday June 3, 2017; 3:00 pm - 6:00 pm

**Event Closure/Cleanup/Pack up** - Canby Fairground  
Saturday June 3, 2017; 2:30 pm - 4:30 pm

**Event Closure/Cleanup/Pack up** - Canby Fairground  
Saturday June 3, 2017; 4:30 pm - 6:30 pm

**Shuttle Truck Drivers** - Canby Fairground to Benn's House  
Saturday June 3, 2017; 5:00 pm - 7:00 pm  
Return "empty" trucks (3 positions available)

**Penske Truck Return** - Benn's house to Columbia Blvd. location  
Sunday June 4, 2017; 12:30 pm - 1:30 pm

If you are volunteering and your shift allows you to ride one of the routes, you can do so by downloading a hardcopy entry form and writing on the face of it VOLUNTEER, which allows you a free ride and mileage credit. Please remember to sign the release form.

If you have any questions please contact me 503.641.2971;  
[coreybike@comcast.net](mailto:coreybike@comcast.net)

Thank you for your support.  
Corey Eng  
PWTC Pioneer Century Volunteer Coordinator



## YOUR CLUB AT WORK

Respectfully submitted by  
Ann Morrow  
Vice President

It's still wet but a few nice days remind us that it's the prime riding season once again - at least almost! Our own Pioneer Century is just around the corner and Brian Hammer is hard at work on that.

Seattle to Portland finish line is in mid July and Corey Eng has been wrangling around getting volunteers for that big event. He and Chip Kyle and I met with Rebecca Sorensen from Cascade Bicycle Club and discussed compensation for our club. We'll be paid a bit more this year and our compensation will be reviewed on an annual basis from now on.

Meanwhile, Alison Nelson has worked with Phil Brown to learn the ropes of the permitting process for Holladay Park for that big STP weekend. Time and money! I've reached out to the Lloyd Community Association as the initial act of getting the permit to close down 11th Avenue.

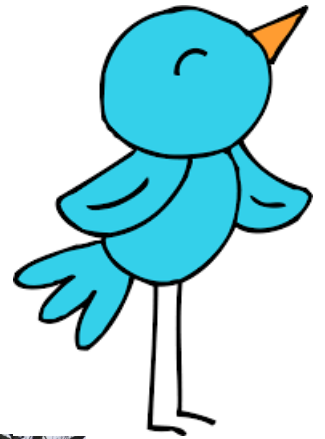
Reach the Beach Training Rides continue as that event approaches on May 20. Dick Weber takes on this huge commitment each year to lead a ride every Saturday from late February through most of May. Be sure to thank him when you see him. We, as a club, facilitate these rides to help cyclists prepare to participate in Reach the Beach. We are putting out extra effort this year with Sunday Reach the Beach rides and shorter routes for those not planning to do the full century. Kathleen Hellem and I have tried to help out as well and provide Dick with some support. We have met some great people and some have joined the club and/or have been riding with us frequently.

Thanks to all of you who have stepped up with additional Reach the Beach training rides. I also appreciate those of you who have ridden with us and talked to these training cyclists and welcomed them to our rides. We couldn't do this without you.

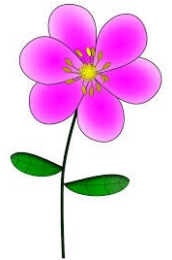




04/02 Bud's Sunday Morning Social



April  
SHOWERS  
BRING  
May  
FLOWERS



04/08 Reach the Beach training ride with a stop at the favorite Larsen's Bakery



04/29 Saturday Morning Social







## DAFFODIL CLASSIC

Respectfully submitted by

Ann Morrow

Years ago, I used to travel religiously up to little Orting, Washington (near Puyallup) (near Tacoma) to do Tacoma Wheelmen's annual ride, the Daffodil Classic. It's one of those rides that has two loops that equal a full century – 40 and 60 mile routes. They also have a short family route of some sort. A couple of times the ride was exquisite with beautiful scenery and gigantic Mt. Rainier looming nearby. However, the last couple of times we traveled up north for the ride it was cold and wet and the mountain was hidden from view. I remember seeing an abundance of old discarded household appliances along the side of the road. We joked about seeing one lone daffodil, the sad and lonely remnants of spring. So, I stopped going to the Daffodil.

Fast forward to the holiday season of 2016. Standing in my kitchen, Kathleen, and I decided to try Daffodil in 2017. We'd invite Kimberly. Yeah! That would be fun! We'll do the metric at least. You bet! Hand me another cookie, would you?

You all endured the winter and early spring of 2017. None of us got in very many miles. Kimberly had an ankle surgery so she not only had wet weather to contend with but healing and pain to overcome. We agreed that the 40 mile loop was probably going to be plenty of challenge.



Can you guess who's legs belong to who?

We had a fun girl trip up to Auburn, a bit north of Orting, on Saturday, April 8. It poured at times on the drive up but was dry when we got to our motel. We had a fun dinner at a Japanese buffet that was gigantic! I have never seen such a huge array of foods. From Sushi to fried calamari to shrimp in every possible form, there was something for everyone.

Sunday was a very nice day in Orting and we got signed in at the high school and chatted with Tacoma Wheelmen. No longer the Tacoma Wheelmen actually, they are in the process of changing their name to Tacoma Washington Bicycle Club (both names are the acronym TWBC). Hmm, could we do that with PWTC? Anyway, the story is that they have tried to change their name periodically just as PWTC has dabbled with that notion. All the old timers would show up to vote and it would be defeated. (Does this story sound at all familiar?) The transformation of opinion occurred when some of the female members traveled to Italy and wore their

TWBC jerseys. The word "Wheelmen" drew ridicule, laughter and incredulity from some of the locals. The TWBC members returned home, heads hanging, and led the charge to change the name.

The route quickly took us to the Foothills Trail, a 25 mile long rails to trails path. We were only on it for about 7 miles but it took us along the Carbon River and was a gentle, soothing start to our ride. The first half of the ride included a brutal climb (at least for me) which was a very slow slog to the top. Then it was relatively flat with our rest stop in Buckley. The TWBC club was very friendly and provided sandwiches and the usual yummy snacks we've come to expect. Then we traveled in a neighborhood along Bonney Lake and ultimately caught the Foothills Trail again for about the last 5 miles into Orting which was a relaxing end to our ride.



We saw lots of Daffodils and lovely Mt. Rainier lurked about all day. I would recommend this ride for a fun adventure up north.



## Welcome home Girly Surly!

By Joan Cullen

My story is not meant to be entirely a tale of woe or karmic revenge or even a celebration of the eventual happy ending, but more a sad fact of life in Portland's bike community and how we, as bike owners, can help fight back.

The morning of our Awards Banquet we woke to find my LHT Surly had been stolen out of the back of our truck. Now, I had some great adventures over the past 3 years on my



Surly. So after finding it gone and then freaking out I began a recovery journey: I reported it as stolen on Bike Index; filed a Portland Police report; freaked again when Bike Index alerted me to the fact it was for sale on the site OfferUp; made an offer to try to buy it back (which was really an attempted ambush orchestrated with the Portland Police and the Bike Task Force); and, then sadly saw it slip away as the seller's post vanished. Dave and I did flyers and dropped them off at several area bike shops. We even talked to a pawn shop owner about the resale of bikes. Everyone was sympathetic and wished us good luck. The First City Bike shop crew in Oregon City said they would post it and pass the information on to a local deputy who had a passion for keeping a look out for stolen bikes.

After several weeks of holding on to the possibility it might resurface, I

finally resolved myself to the fact that it was lost in the wind, and it seemed like buying a Fuji touring bike might help heal the pain. I only had three rides on the Flying Fuji when late one night my phone goes crazy with read outs showing 'unknown callers' and finally a text with a picture of my Surly. The Oregon City Police had picked up a person who had in their possession my Surly along with other stolen items. The crazy calls had come from my super hero Clackamas County Sheriff Deputy wanting to know if he could bring me my BIKE! He didn't have to ask twice and the happy dancing began.

So with the Surly now safely back home, I find myself reflecting on this interesting journey. I know I am very lucky because most bikes do not get found. I also have a huge respect and sense of gratitude for the role Byran Hance of Bike Index played. The one common denominator, and often the first thing asked by the law agencies, shop people, and even the pawn shop guy, was if the Surly was registered on Bike Index. Registering a bike is such an easy thing to do and only takes a few minutes, but those few minutes can make all the difference in whether your bike makes it back to you or not. It may not guarantee your bike's return but it shares with the larger bicycle community your loss. Plus another added bonus is if buying a used bike you can check the registry to see if the deal is on the up and up.

Please take this opportunity to be proactive by taking advantage of this free service to register your bikes on Bike Index (bikeindex.org) and then help support them by making a small tax deductible donation. It's worth the time.

## STP Volunteers Needed

Our second signature fundraiser, setting up, running and taking down the finish line at Holladay Park, takes place over the 3 day period Saturday through Monday, July 15-17. I have noticed some Wheelmen volunteering for the Pioneer Century (we thank you) but missing out on the fun of STP, why not try them out



both? Volunteers for STP will receive a colorful tee shirt to identify them as a volunteer and a food voucher to redeem at the many food vendors. Of course there is that pizza party the Monday before the long weekend.

Use the following link to reserve your spot(s).

<http://www.signupgenius.com/go/20f0a4aa8a92ea5fa7-20171>

Note: you do not necessarily need to use the Login button, located in the upper right corner of the page, when choosing an available slot(s) and time(s).

If you have any questions about the volunteer jobs or need help logging in to signupgenius, contact me at 503-641-2971 or [coreybike@comcast.net](mailto:coreybike@comcast.net)

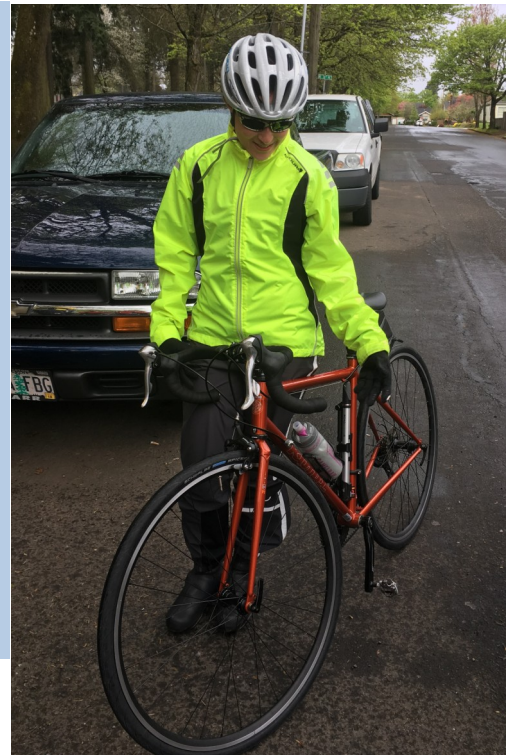
Your club thanks you,

Corey Eng, 2017 Pioneer and STP Volunteer Coordinator





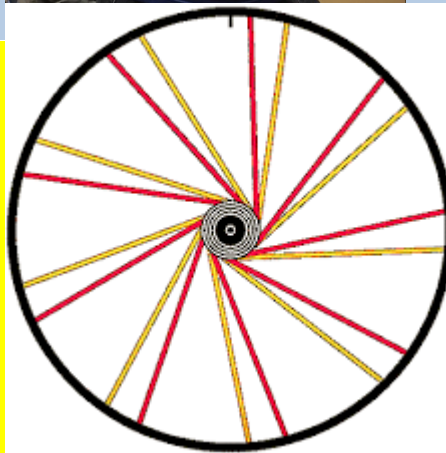
Pioneer Jerseys are in! Get yours now. <https://www.eventbrite.com/e/pioneer-century-2017-tickets-31159826881?aff=es2>



Ashley's and her new Kona bike.

LOOKING

Will buy used steel tour bike 50-52 cm. Triple crank is a bonus but not necessary. Joel Loh [503 522 3942](tel:5035223942)  
[jklloh@gmail.com](mailto:jklloh@gmail.com)



## Welcome New Members

KathyGrace Duncan  
Clay Dunn  
Andrew Fletcher  
Deborah Gant  
Amber Hall  
Gordon Hall  
Abbas Karimi  
John Rourke  
Rachel Saathoff  
Laura Schroeder  
James VanHuis  
Melissa Warner  
Todd Warner



Jude Gerace from Sugar Wheel Works discussed bike wheels including their individual components, as well as the benefits of hand built vs. stock factory built wheels at the April meeting. Marci helped display the wheel for Jude.





## West/Eastward Loaded Tour

**June 26 - July 1**

West/Eastward Loaded Tour begins MONDAY, June 26 with a 9:30 a.m. group rendezvous at Hillsboro's Manaia Coffee House (203 E. Main) near the end of the Max Blue Line for "second breakfast" to fuel up for a ride of 40 miles through Banks and Vernonia for lunch then onward to Big Eddy, a no reservation Columbia County campground on the Nehalem River.

Early TUESDAY at 7:30 a.m. we start a 60 mile day sadly without "second breakfast" on the scenic Nehalem River Highway (Hwy 202) into Clatsop State Forest to Youngs River Road through Warrenton to camp at Fort Stevens State Park's Hiker/Biker.

After an exploration of the Clatsop Spit on Jeffy road at 7:30 a.m. Wednesday's "Second Breakfast" awaits us in Astoria. We will travel highway 101 and across the famous Astoria Megler Bridge to Ilwaco and to camp at Cape Disappointment Park's Hiker/Biker. This short 30 mile day loaded might include an unload exploration of Long Beach Peninsula bike trail and/or roads.

THURSDAY 7:30 a.m. we travel north on Hwy101 along infamous for kayakers Willapa Bay then turn back southeast on Naselle River Road to "second breakfast" at Naselle (we hope). We head east on Hwy 4 to Skamokawa (a no reservation county park on the Columbia River) for a total mileage of 50 miles.

FRIDAY at 7:30 a.m we follow the Columbia to Cathlamet for "second breakfast" before we cross for a ride-around Puget Island and our boarding of the new ferry to Westport. We'll navigate some country roads to Rainier's non-reservation Hudson-Parcher County Park for camping after a 40+ mile trek.

July 1, SATURDAY may have two optional routes but both certainly with "second breakfast" (1) a quicker, flatter highway 30 to Portland for 50 miles (2) a slower, hilly and longer route through the country roads to St.Helens before joining highway 30 to Portland.

Costs will include your camping each night at approximately \$10.00 plus "second breakfast" that has become our tradition on loaded tours.

Ride Leaders: Don Spencer ([donaldwspencer@gmail.com](mailto:donaldwspencer@gmail.com))  
John Burkhardt ([jhburkh@hotmail.com](mailto:jhburkh@hotmail.com))



## Steens Mt. Scenic Loaded Tour

**September 5 - 11**

Steens Mt. rises in a long ridge more than 5000 feet above the desert floor with awesome sunrises and sunsets for willing wilderness campers. To enjoy Tuesday's sunset cars leaved Portland Sept 5 at 7:00 a.m. for "second breakfast" in Madras. Our destination will be the top Steens Mt. for a night of car-camping without services. On the drive up we'll assess the condition of the gravel road to determine the possibility of a morning descent on our bikes.

On Wednesday, Sept 6, after a majestic sunrise we hopefully will descend 20+ miles on unloaded bikes for "second breakfast" at rustic Frenchglen Hotel. John claims the blueberry pancakes were some the best I've ever eaten.

With loaded bikes (leave cars at Hotel) we'll ride Catlow Valley Road for 50 miles to Fields where a cafe, groceries, and motel rooms (reservation) and/or camping await.

"First Breakfast" at the Field's cafe or your stove begins Thursday, Sept. 7. Stock up (No "second breakfast" today) on supplies for two days as we then travel 40 miles of the pavement then hard packed gravel of the Fields-Denio Road thru Andrews (the old school houses a world famous desert artist) to Alford Hot Springs for a \$5.00 soak. Destination Mann Lake campground.

Sadly no "second breakfast" on Friday, Sept 8 as we follow Fields-Denio Road to Hwy 72 (Steens Highway) into Crane's cafe/grocery and finalize the 70 mile day with a soak (\$??) at Crystal Springs Hot Springs and camping.

"Second Breakfast" will happen after a 28 miler into Burns on Saturday, Sept 9. Then we'll head 23 miles on Hwy 205 to camp at Narrows and an unloaded gravel road ride of 18 miles round-trip to the Malheur National Wildlife Refuge Headquarters.

From Narrows on Sunday, Sept. 10 we travel 35 miles directly to Frenchglen for "second breakfast" or add a 30 mile round trip to the famous Diamond Hotel for "second breakfast". After retrieving the cars, we return to Crystal Springs for another (\$??) soak and camping

Monday, Sept 11 Drive home by way of John Day or Bend

Costs: Hot Springs (\$30?), Camping (\$60?), "Second Breakfasts," (\$????) Travel (riders split gas cost about 40 gals at \$2.30 gal for approximately 750 miles; drivers pay other the car expenses.

Considerations: Nights and early mornings in Sept. can be cold.

We start peddling each day before 7:30 a.m.

Some travel will be on gravel roads of unknown condition until we arrive therefore new tires and a spare recommended.

Ride Leaders: Don Spencer ([donldwspencer@gmail.com](mailto:donldwspencer@gmail.com))  
John Burkhardt ([jhburkh@hotmail.com](mailto:jhburkh@hotmail.com))

## The Bullards Beach Weekend

July 28-30 2017



Journey to the southern Oregon coast this summer for three days of riding in places that you don't often see. Dates are July 28, 29 and 30. The rides will be starting at Bullards Beach State Park, 2 miles north of Bandon, OR. Friday mornings ride takes a loop south of Bandon, with a lunch stop in town, and has multiple distances from 25 to 40 miles. Saturdays 45 mile ride goes up to the town of Coquille on one road and returns on another. On Sunday we ride east and north and return on roads through Bandon Dunes Golf Course. This is a 26 mile route with shorter options.

This is a camping weekend. Make your own campground reservations at [1-800-452-5687](tel:1-800-452-5687) or at [oregonstateparks.org](http://oregonstateparks.org). If you aren't a camper you can still enjoy the rides. Bandon, OR., with many motels, is just 2 miles south of the park. Each campsite at Bullards Beach has water and electricity. Oregon State Parks fill up very quickly so book your space ASAP. Event headquarters is at campsite C55. For more information contact Bud Rice at [503-667-0683](tel:503-667-0683) or at [bikebud@spiretech.com](mailto:bikebud@spiretech.com).



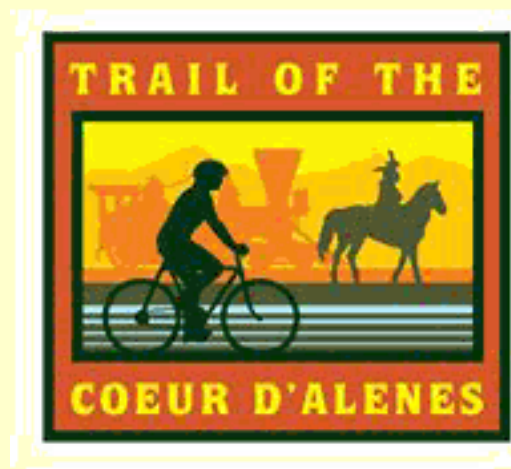
## Idaho Tour

August 27-31, 2017

The Idaho Tour is on again for 2017. The dates will be Sunday, August 27 through Thursday, August 31. There are three days of riding on the Trail of the Coeur d'Alene with a fourth optional day on the Route of the Hiawatha. The Coeur d'Alene is a paved rails to trails, 75 miles long, that runs across the northern Idaho panhandle. We ride it in both directions. The Hiawatha is a 17 mile, gravel, rails to trails that goes through 9 tunnels and across 8 tall trestles.

This is not a camping event. We will be staying in motels for four nights. The trip starts in Wallace, Idaho on Sunday, August 27. On Monday, August 28 we ride 50 miles down to Harrison, Idaho, on the bank of Lake Coeur d'Alene, where we stay for 2 nights. On Tuesday, August 29 we ride 35 miles round trip to Plummer, Idaho for lunch. On Wednesday, August 30 we ride the 50 miles back to Wal-

lace. Thursday, August 31 is the optional ride on the Hiawatha.



Cost for the trip is \$280.00 per person. There is no sag for the trip. You need to carry enough with you for two nights in a motel. You also need to sign up with a roommate. For more information contact Bud Rice at [503-667-0683](tel:503-667-0683) or [bikebud@spiretech.com](mailto:bikebud@spiretech.com).



# Reserve Now for Your Spot on the San Juan Island trip – August 6-10, 2017

by Cindy Bernert-Coppola

After organizing and leading this trip for many years, Bud Rice has passed the baton to me and to Ann Morrow for 2017. Although we can't hold a candle to his amazing organizational skills, he has promised the share his wealth of knowledge, and we'll do our best!

Reservations have been made for a group campsite on San Juan Island at the Lakedale Resort and Campground. Most folks will leave their car at the marina in Anacortes and bike to the ferry. We will, however, need at least three people to volunteer their vehicle (preferably a truck or van) to ferry our gear to the campground. If you are one of the vehicle owners, you will be reimbursed for the ferry crossing fee.

The itinerary is roughly as follows:

**Sunday, August 6:** Meet at the marina and transfer your camping equipment to one of the drivers. Bike to the ferry landing (just a few miles) and take the ferry to San Juan Island.

Arrive at Friday Harbor and bike approximately 4.5 miles from the ferry landing to the campground

**Monday, August 7:** Enjoy pedaling around San Juan Island, including scenic Roche Harbor and the lavender fields.

**Tuesday, August 8:** Board the ferry to Orcas Island and follow one of several maps either just into town or on to Moran State Park and up Mt. Constitution. Ferry back to San Juan Island.

**Wednesday, August 9:** Board the ferry to Lopez Island and follow one of the maps ending at Lopez Village and a great bakery (if it's open) or another eating establishment.

**Thursday, August 10:** Pack up your equipment & bike to the ferry landing for the return to Anacortes. Meet at the marina and transfer your belongings from one of the vehicles to your car and head home.

The cost per person for the trip will be \$60/person to cover campsite fees, ferry crossing fees for the three vehicles, and a little extra for shared campsite items. We are limited to 25 people for the shared campsite. To reserve your spot, send a 50% down payment to Ann Morrow at 13207 NE 2<sup>nd</sup> Ct, Vancouver, WA 98685.

Additional expenses to plan for will be your passenger+bike ferry fee (a one-time round-trip fare which includes inter-island trips), food (eating out or cooking at the campground), and showers.

Questions? Contact Cindy Bernert-Coppola, [cindybco@gmail.com](mailto:cindybco@gmail.com), or Ann Morrow, [anniedmor@gmail.com](mailto:anniedmor@gmail.com).



## RIDING IN TUCSON 2017

Tired of the rain? Yearn for those days of summer when you could ride with just a jersey and shorts ... not all the rain gear, booties, heavy gloves etc?

Once again, there is an opportunity to ride for any PWTC members who can get to Tucson, AZ, this spring anytime between January and May.

As many of you know, there is wonderful weather and bicycling during the winter and spring in Tucson. Tucson is a superb city for cycling with wide bike lanes on the main roads, over 100 miles of bike paths, a national Park filled with majestic saguaro cactus at the edge of town, Mount Lemon with its significant climb and many other routes.

You are encouraged to contact Roger Harris for more information at 503-341-6385, or [rhc2815@gmail.com](mailto:rhc2815@gmail.com).



# Quick Releases

A Monthly Bulletin of the  
Portland Wheelmen Touring Club

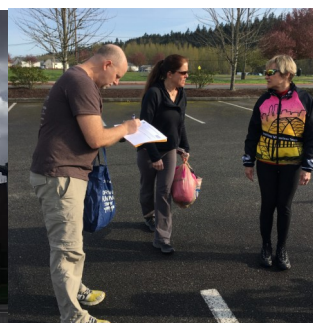
Check your membership expiration date.

Is it time to renew?

Online: <http://pwtc.com/>

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04/15 Reach the Beach Training Ride