

Quick Releases

The Monthly Bulletin
Of the Portland Wheelmen Touring Club

November 2017 Vol XLVI No 10



Top Talk

By Chip Kyle President

I am always impressed by athletes who continue to perform at exceptional levels even as they age. Perhaps the most prestigious record in all of cycling is the Hour Record. This record is for the longest distance cycled in one hour on a bicycle from a stationary start. Cyclists attempt this record alone on the track without other competitors present. The present record is held by Bradley Wiggins, age 35, set on June 7, 2015. His distance covered: 54.5 kilometers (33.8 miles). We all know that our performance declines with age (despite our efforts to the contrary), but our competitive nature continues unabated. Hence, we have records for various age groups. As some of our club members are now in their 70's, including this humble author, we now have an objective ahead of us. Last month, at the Mattamy National Cycling Center in Milton, Ontario, 80year-old Giuseppe Marinoni bested his own world hour record in the 80-84 age group. The new mark he set is 39.1 kilometers (24.2 miles). Impressive! Something to strive for, no?

I want to give all of you a "heads up" about the printable Riders Di-

Nov:

Michael Sylvester, of Bicycle Fitting Services, will discuss bike fitting and maybe yoga for cyclists



Dec:

Swap Meet and Potluck. There will be some STP T-shirts and Backpacks available to grab for free. Start gathering your items you don't need or use anymore. Also bring donations for SnoCap.

Important Info:

Showers Pass sale. See page 7

Get your nominations in! See pages 4-7

Be Safe and refresh your knowledge of Riding in Groups.

See article http://
pwtc.com/
home/
safety/



Start thinking of non-PWTC rides for 2018 you want on the Approved list for mileage. Let a board member know before Feb Board Meeting.

Club Meeting

Date: Thursday, November 2, 2017 Time: 7:00 PM

All Saints Episcopal Church

4033 SE Woodstock Blvd Portland OR 97202

Board November

Date: Monday, September 27, 2017 Time: 6:30 PM

Place: Legacy Emanuel Hospital 2801 N. Gantenbein Ave Room 1035

All club members may attend Board Meetings. Submit items to be considered in writing by the preceding Club Meeting to Chip Kyle at 503-387-3940 or cvkyle109@gmail.com

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Riders Digest that is available via the website. We continually run into the problem with the difference between the RD and the ride calendar that is dynamic and readily available on our site. The RD is simply a downloadable hard copy of the rides as they were submitted by the third week of the previous month for the following month. They are not kept up to date throughout the month. The ride calendar is very dynamic and is the authoritative source for ride information. Because of the continuing confusion, the board has decided to discontinue providing the printable Riders Digest effective the beginning of the year.

It is three months away, but the club's annual awards banquet is looming. Bud Rice needs your help and is actively seeking nominations for the various awards that are given out. Give some thought to the following: Member of the

Year; Volunteer of the Year; Ride Leader of the Year; Most Improved Rider of the Year; Comeback Award; and the Goodwill Ambassador Award. As you are out riding, consider who you think would be worthy candidates.

Send Bud an email, along with your rationale, and make a suggestion.

Ride Safely!

September 24 2nd Annual Eola Hills Ride







Portland Wheelmen Touring Club Contact Information

(Please call before 9:00 pm)

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<u>Newsletter</u>

Deadlines

Announcements, Events, and Classified Ads for consideration of publication should be submitted to Kimberly Morehead by the **20th** of the month to be in the next QR. Publishing of letters is at the sole discretion of the Editor and dependent upon space available. Opinions expressed are those of the individual and not representative of the PWTC or the Editor. Classified are run for 2 months unless other arrangements are made. Articles and classified from members have priority if space is limited.

Ride Information

Ride information is to be submitted to the Road Captain. Ride leaders wishing to create their own ride descriptions or to sign up to lead a ride for the following month need to provide the Road Captain with pertinent information two weeks ahead of the ride!

Contact either Patrick Cecil or Bill Hamilton at PWTC Road Captain email: roadcaptain@pwtc.com

PWTC Web Site: http://www.pwtc.com



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Proposed Slate for 2018 Elections

Note: This is still open and we will gladly accept any nominations! Don't miss out to serve on the Board.



President: Chip Kyle

VP: Bill Hamilton

Treasurer: Corey Eng
Membership Secretary:

Lori Buffington

Recording Secretary:

Joan Cullen

Road Captains:

Sarah Hill

Patrick Cecil (Expires June 2018)

Members at Large:

Steve Price

Jeff Marshall

Pat McManus (Expires June 2018)

Eric Hendricks (Expires June

2018)



PWTC Spotlight on Safety By Bill Hamilton

This month's column is being written immediately after a ride in which there were two crashes within a 15-minute period that sent one rider to the hospital with five broken bones, and left another rider badly shaken, scraped up and unable to complete the ride. I am irate about what happened because it was 100% avoidable. Both these crashes involved riders contacting other riders in the group, but the root cause of both these crashes is one other rider continually riding at the front of the group near the left side of the lane (center of the road) blocking automobile traffic, ignoring cars following the group waiting for this rider to clear the road, repeatedly ignoring calls of "car back" and attempts on my part to encourage this rider to pay attention to what is happening around him. Historically his unsafe practices have cause injury only to himself, but today it caused injury to two other riders. This behavior cannot continue. Much like dropping a rock in a pond, the initial impact of the rock with the water may not cause any immediate effect, but as the waves radiate out from the initial impact site, they contact other objects and that has secondary effects tied directly to the initial act of dropping the stone in the water. In aviation accidents there is a concept called cascade effects where one bad decision on a pilot's part leads to a string of other bad decisions resulting, many times, in the loss of the aircraft and the death of the pilot. Another version of this theory is known as the 'Butterfly Effect" where "a butterfly flapping its wings in South America can affect the weather in Central Park". This is a complex theory that originated in weather forecasting models. Here is a good link to an article about it. http:// www.stsci.edu/~lbradley/seminar/butterfly.html The point of these three concepts is the same, the effects of one act have consequence that can be far out of proportion to the original input. In today's crashes, I attribute both accidents to the original rider's repeated unsafe behavior disturbing the focus and concentration of the group riding together even though he wasn't directly involved in either of the crashes. If he hadn't continually ignored safe riding rules, I wouldn't have ridden to the front of the pack to correct his behavior. If I hadn't ridden to the front of the group, I wouldn't have displaced another rider who was riding a different course and turned where the remainder of the group was going straight. If that rider hadn't turned right, the rider behind him wouldn't have hit his rear wheel and gone down, fracturing his collar bone. If that crash hadn't occurred, the remaining group would not have been distracted and shaken up by what just happened, and the second rider who crashed might have the seen the piece of steel in the roadway that caused his crash and been able to avoid it. If this rider had avoided the piece of steel, he would not have lost control of his bike and crashed. I think you can get the picture. At this point, I think it's time for the club to start serious discussions with the few riders who are known repeat unsafe riders. It is common knowledge who these riders are. As club riders, it is our responsibility to insure safety on our rides, and if that means calling out a friend who is endangering the club, then that's what needs to be done. If the behavior continues, maybe we need to invite those riders to not ride with the club any longer. It is unfair to all the other riders in the club who may become victims of one riders careless, irresponsible, and unsafe riding practices. We CAN-NOT afford another day like today. "Let's be safe out there"

Speaking of Awards.....

Submitted by Arden Shelton

Are you a winner?????

There's only one way to find out. Sign up for the PWTC Awards Banquet on Sunday, January 28, 2018. The club selects a number of high profile awards each year, from Member of the Year to Most Improved New Rider. But many members may have earned an award and may not be aware.

Mileage awards begin at 500 miles and go up to the 1,000's. If you have surpassed the 2000 mile mark in 2016 you have earned a coffee mug that says you have ridden 2000 miles, or 3000, or 10,000 miles, or whatever 1000 mile mark you have reached, beyond the 2000 mile point.

And for those really serious mileage hogs, the club awards a mileage plaque to signify reaching each 10,000 mile plateau. And if you have led rides in 2017, you earn (in past years) bicycle socks, a water bottle, or a coin purse. If you lead 12 or more rides, there's another prize!

So be sure to sign up for the banquet so that you can collect your loot. And if you don't win one of these awards you can still go home with a really big prize. The club gives away about \$2000.00 worth of door prizes at the banquet. Almost everyone goes home with something.



Awards Banquet Best Night of the Year

Don't miss the best night of the year; the PWTC Awards Banquet on Sunday, January 28, 2018 at the Monarch Hotel near Clackamas Town Center. This is not your father's typical boring awards banquet. This one is very long on fun and very, very short on speeches.

This is an evening to celebrate our outstanding club members who have provided service to the club above and beyond the norm and whose efforts have contributed greatly to our riding enjoyment. And it is also a chance to go home with some really good loot because we always give away several thousand dollars' worth of door prizes!

The Banquet is a very casual affair. You can dress up fancy or wear your most comfortable jeans; your choice. Come and see if you recognize your best riding friends in street clothes.

If you have 2017 cycling photos of club rides or events, bring them along. There will be display space available to share them. Or send photos by email, CD or memory stick to Arden Shelton.

This is an event for all members. Come by yourself, or bring your guests, or bring a group! Come out and enjoy two of our three favorite things: bicycling and eating. The Monarch does a fantastic buffet.

The no host bar opens at 4:30PM and dinner starts at 5:30 with the festivities to follow. If it were summer, you'd be home before dark. Watch for the banquet entry form with the November newsletter. Sign up online or print out the form

THINKING ABOUT THOSE AWARDS EARLY AND OFTEN

It's time to be thinking about nominating your deserving fellow riders for some special awards.

Each year Portland Wheelmen Touring Club members nominate individuals whom they believe have shown exceptional effort on the club's behalf over the course of the year.

There are a variety of categories.

The nominations are made prior to year's end and the awards banquet is held in late January of the following year. The club has certain criteria which must be met for a nominee to be considered. Previous winners of the Jim Mooney Award from the Awards Committee and determine who qualifies.



The Awards categories include members who have volunteered over and above what they should have; Ride leaders who have done the same; Goodwill Ambassadors who make the club look good; and many awards for riders who improved a heck of a lot over the year. PLUS, there are non-traditional categories where you can also create your own special award that recognizes and captures a fellow rider's unique personality.

Now is the time to be looking around at your fellow riders who might deserve special recognition, not Dec 31 (the deadline).

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AWARD NOMINATION CRITERIA

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is held in late January of the following year. The club has certain criteria which must be met for a nominee to be considered. Previous winners of the Jim Mooney Award form the Awards Committee and choose the new awardees.

By length By

The Jim Mooney Award (Member of the Year):

- 1) Must currently be a member in good standing and have been active in the PWTC for at least 3 years prior to the year of the award.
- 2) Must have ridden at least 1000 miles in the year for which the award is presented.
- 3) Has served as a ride leader sometime during the year for which the award is presented.
- 4) Participated as an event volunteer in at least one special event during the year for which the award is presented.
- 5) If Board Member, contribution exceeds that of assigned duties in promoting PWTC.

<u>Valued Member Award (two may be given):</u>

1) To be eligible a member must have contributed to PWTC in an outstanding manner during the year for which the award is presented, but member may not meet the qualifications for Member of the Year Award.

Volunteer of the Year (one given)

Member in good standing who has contributed in any of the following capacities: event coordinator; working volunteer for any event (but not necessarily coordinator); active Ride Leader; held either board or committee positions; or participated actively in club activities. Nominee's recognition can be for one outstanding contribution or as an ongoing participant. Award is not restricted by length of membership.

Ride Leader of the Year (one given):

Recognition of member who has exceeded in adhering to the guidelines set forth in the Ride Leader Check List. Has conducted themselves in a conscientious and friendly manner, showing knowledge of the route, presents themselves as an ambassador for PWTC by welcoming non or new PWTC members at rides.

Newt Acker Good Will

Ambassador Award:

Member in good standing whom within the past year has helped to enhance the friendly image of PWTC within the community.

The Come Back Award:

Member who has suffered injury while cycling, yet came back with style and determination to resume cycling within that year.

Most improved Rider (multiples given):

- 1) Be a PWTC member in good standing for 2 years or more.
- 2) Must have ridden 500 Club miles or more for the year for which the award is presented.

3) Has shown improvement in different types of distances and terrain within their riding capabilities.

<u>Most Improved New Rider</u> (multiples given):

- 1) Joined PWTC in year of award or previous year, but no later than October and rode under 500 miles the previous year.
- 2) Must have ridden 500 Club miles or more for the year for which the award is presented.
- 3) Has shown improvement in different types of distances and terrain within their riding capabilities.

While there may be some overlap in categories, it does allow a chance for special recognition to be given to more members who contribute their time and efforts throughout the year. The memberships' input is important. If written nominations are not received, no award will be given out, so it's up to you!

If these categories are a bit too traditional, you can also create your own special award that recognizes and captures a fellow rider's unique personality.

Send your nominations in writing

BEFORE MIDNIGHT DECEMBER 31, 2017

TO:

Bud Rice

506 SW 6th St.

Gresham, OR 97080

or email bikebud@spiretech.com.

Feel free to discuss your ideas with other members. While you can be discreet, your nominations don't need to be secret.



List of Prior PWTC Award Winners

Submitted by Corey Eng

Here are the past recipients of PWTC awards (some years had no nominees).

Jim Mooney Member of the Year:

Corey Eng and Jim Mooney (1988); Ron Dutton (89); Patty Mooney and Bud Rice (90); Joan Cullen (91); Rich Seifert (92); Shirley Zuleger (93); Sharon Fekety (94); Paul Roscoe (95); Marvin Rambo (96); Dee Real (97); Newt Acker (98); Bob Tinsley (99); Steve Baltazar (00); Joan Cullen and Nikki Hilton (01); Ann Morrow (02); Vacant (03); Karen McConkey and Kevin McConkey (04); Betty Suryan (05); Ron Ing and Benn Schonman (06); John Mardis and Karyn Mardis (07); Dick Weber (08); Scott Poindexter (09); Phil Brown (10); Arden Shelton (11); Cindy Bernert-Coppola (12); Bill Hamilton (13); Ann Morrow and Cheryl Speer (14); Bruce Buffington (15); Brian Hammer (16)

Valued Member of the Year:

Marka Dutton and Kay Stanley (1991); Jeanne Arbow and Mary Dickson (92); Sharon Fekety and Bud Rice (93); Dee Real and Paul Roscoe (94); Nikki Hilton and Dee Real (95); Mary Dickson and Mark Greenblatt (96); Clif Rose and Bob Tinsley (97); Todd Cobb and Dave Rasmussen (98); Jerry Smith (99); Patty Baltazar and Ann Morrow (00); Dave Kelley (01); Gary Brannan, Betty Suryan and David Suryan (02); Bob Sahleen (03); Steve Baltazar, Benn Schonman and Betty Suryan (04); Terry Sherback (05); Kevin McConkey and Leo Tsou (06); Doug Myers and Leo Tsou (07); Ann Morrow and Leo Tsou (08); Joan Cullen and Karyn Mardis (09); Ron Ing and Cheryl Speer (10); Cindy Bernert-Coppola and Alan Coppola (11); Bill Hamilton (12); Bruce Buffington and Betty Suryan (13); Kathleen Hellem and Benn Schonman (14); Corey Eng (15); Patrick Cecil and Kimberley Morehead (16)

Volunteer of the Year:

Patty Baltazar and Steve Baltazar (1999); Joan Cullen (00); Todd Cobb (01); Karen McConkey and Kevin McConkey (02); Vacant (03); Dan Allie, Corey Eng and Iris Muskin (04); Benn Schonman (05); Joan Cullen and Corey Eng (06); Benn Schonman (07); Bruce Buffington (08); Phil Brown and Cheryl Speer (09); Cindy Bernert-Coppola and Alan Coppola (10); Peter Schmidt and Bob Wong (11); Patrick Cecil (12); Chip Kyle and Alison Nelson (13); Brian Hammer (14); John Joy and Kimberly Morehead (15); Barry Emmerling and Chip Kyle (16)

Ride Leader of the Year:

Bud Rice (1999); Rebecca Anderson, Ron Ing, Louie Martin and Del Scharffenberg (00); Vacant (01); Dee Real, Mike Real and Rick Smith (02); Rick Smith (03); Bruce Guinta (04); Karen McConkey and Kevin McConkey (05); Cathy Varner (06); Bruce Buffington and Dennis Mowdy (07); Bill Hamilton (08); Vacant (09); Ann Morrow (10); Tom Carter (11); Alison Nelson and Bob Sahleen (12); Mike Sloan (13); Chuck Dorr, Dick Fairbank and Roger Harris (14); Jeremy Wilson (15); Pat McManus, Bud Rice and Dick Weber (16)

Newt Acker Good Will Ambassador:

Ken Lee, Bud Rice, Fred Russell and Jerry Smith (1998); Nikki Hilton (99); Nikki Hilton (00); Susan Walker (01); Benn Schonman (02); Vacant (03); Newt Acker (04); Bob Sahleen (05); Bruce Buffington and Ann Morrow (06); Nyna Beals (07); John Mardis and Karyn Mardis (08); Vacant (09); Dick Fairbank (10); Kevin Williams (11); Tom Carter (12); Kathleen Hellem and Jerry Smith (13); John Mardis and Karyn Mardis (14); Barry Emmerling, Kathleen Hellem and Marci Ray (15); Cindy Bernert-Coppola and Chuck Dorr (16)

President's Choice Award:

Gary Wedman (1991); Sharon Fekety and Donna Seifert (92); Lin Neighbors and Tom Peterson (93); Jeanne Arbow and Bob Tinsley (94); Ann Morrow (95); Joan Cullen (96); Mike Real (97); Bud Rice, Arden Shelton and Kathy Warren (98); Joan Cullen (99); Dave Kelley (00); Susan Walker (01); Jerry Smith (02); Scott Poindexter (03); Steve Baltazar and Betty Suryan (04); Corey Eng (05); Dee Real (06); Bob Sahleen (07); Ann Morrow (08); Karyn Mardis (09); Cindy Bernert-Coppola and Alan Coppola (10); Ron Ing (11); Ellie Hodder and Bud Rice (12); Gary Brannan and Arden Shelton (13); Kathleen Hellem and Bud Rice (14); Ann Morrow (15); Benn Schonman (16)

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List of Prior PWTC Award Winners cont.

Comeback Award:

Claire Acker (1998); Mike Bingle, Phil Gunderson and Marvin Rambo (99); Vacant (00); Bruce Guinta (01); Jim Morrow, Linda Rennie, Paul Roscoe and Susan Walker (02); David Russell (03); Paul Roscoe, Vicky Skakel and Dick Weber (04); Bob Brady and Jude Russell (05); Bud Rice (06); Ron Haataja and Ron Ing (07); Tom Carter (08); Bob Sahleen (09); Tom Carter, Fred Heisler and Jim Tooththaker (10); David Manwiller, Karyn Mardis and Del Scharffenberg (11); Monica Miller and Benn Schonman (12); John Burkhardt and Dave Humphrey (13); Armond Anderson, Stacy Barbidillo, Phil Brown and Scott Poindexter (14); Phil Brown, Brian Hammer and Cheryl Speer (15); Phil Brown, Patrick Cecil, Bob Johnson, David Lewis and Jerry Smith (16)

Most Improved Rider:

Claire Cushman (1991); 1992–1997 unknown; Scott Poindexter (98); Dennis Mowdy (99); Linda Rennie (00); Karen McConkey (01); Bruce Guinta (02); Ed Vander Pol (03); Bruce Buffington (04); Sharon Baker and Karyn Mardis (05); Nyna Beals (06); Vacant (07); Cheryl Speer (08); Cindy Bernert-Coppola (09); Nik Walters (10); Arden Shelton (11); Alison Nelson (12); Ron Haataja (13); Steve Davis, Sandra Ferconio and Susan Palmer (14); Todd McCollum and Chin See Ming (15); Corey Eng and Jan Oestereich (16)

Most Improved New Rider:

Kenny Smith (1991); 1992-1997 unknown; Jude Russell (98); Chris Cobb (99); Linda Fuller (00); Priscilla Hodges (01); Bill Andrews (02); Jerry Huether and Tanya Huether (03); Debra Windus (04); Vacant (05); Olivia Spencer (06); Rachel Landon (07); Jamie Jueneman (08); Vacant (09); Alison Nelson (10); John Burkhardt (11); Lynn Sanders (12); Mike Caire (13); Mary James, Kimberly Morehead and Marianne Morris (14); Jan Oestereich (15); Ashley Reynolds and Arun Vishwanathan (16)

Old Fart Award:

Phil Crary (1988); Bob Walling (89); Jim Jorgensen (90); Jim Mooney (91); Frank Zuleger (92); Elroy Cowley (93); Art Peterson (94); Bob Tinsley (95); Newt Acker (96); Jerry Smith (97); Bob Sahleen (98); David Larsell (99); John Jones (00); Fred Heisler (01); Bruce Guinta (02); Bud Rice (03); Doug Rennie (04); David Faulk (05); Dick Fairbank (06); Mike Real (07); Dave Ek (08); Dick Weber (09); Benn Schonman (10); Joan Cullen (11);



Sarah Hill on Oct 9th's Roller Coaster Ride stop at Pittock Mansion. There was a group of Buddhist Monks dressed in orange robes and since Sarah was also wearing orange, they asked if she could get a picture with them.







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NW BICYCLE SAFETY COUNCIL Respectfully submitted by

Ann Morrow

You may have heard the news – PWTC club member Bruce Buffington is relinquishing some of his duties on various boards and organizations as a matter of choice. Yes, he's choosing to pursue personal ambitions such as more golf and more cycling rather than be precluded from those activities because he is too busy volunteering. Does that scenario sound all too familiar to some of you?

Since Bruce is stepping back several steps from NW Bicycle Safety Council I want to assure you, as President of NWBSC, that we remain a viable and healthy organization and we want to continue partnering with PWTC to promote bicycle safety in our community.

We have been transitioning through 2017 and will continue to do so in the coming year. Certainly, some of the transitioning is due to Bruce being less involved and others assuming more involvement. Some of the transitioning is because life is not static and we, as an organization, are seeking ways to continue to meet the needs of our community as we find our means to do so in flux. For example, we have found that our once in demand Bike Safety Fairs held at various schools are a) no longer offered by schools and b) not as well attended when they are.

We have pondered how to continue our mission. Our volunteers want to continue and want to place helmets on heads. We don't want anyone helmetless due to finances. We will continue with some of our previous venues: Bike Beaverton and Tualatin Hills Parks and Recreation. We are seeking a deeper relationship with other partners to enable us to reach our target market. We have discontinued Beaverton Banks and Beyond Bicycle Tour in large part due to the great effort necessary for limited returns.

I want to thank the WheelPeople for your support in our past endeavors. It truly has been a partnership as PWTC has entrusted us with their hard-earned money and donated it to us with confidence that we would fulfill the obligation of faithfully purchasing and fitting helmets. We have done so and will continue to do so.

I hope, as individuals and as a club you will maintain our close relationship as two separate entities on a similar quest for bicycle safety. Our partnership benefits many – we have placed almost 16,000 helmets on local noggins since our inception. In large part that is due to the assistance rendered in so many ways from the Wheelmen. Please join us as a volunteer or donate funds as an individual to help us continue.

Thank you for your continuing support as we strive for safe cycling.

Fort Stevens Camping Trip

Explore the northern Oregon coast this summer on this riding and camping extended weekend. We'll be staying at Fort Stevens State Park at the mouth of the Columbia River. There will be rides on July 19, 20 21, and 22.



Make your own campsite reservations at 1-800-452-5687 or at oregonstateparks.org. Event headquarters will be at campsite #173. Remember that

state park campgrounds fill up very quickly. If you are not a camper you can book a motel in the area.

RIDES

Thursday, July 19 --- A late afternoon/early evening ride around the park and the over to Warrenton for a dinner stop. Distance about 15 miles

Friday, July 20 --- Ride mostly back roads down to Seaside for a lunch stop. Return along Hwy 101. Distance about 47 miles



Saturday, July21 --- Ride back roads on a loop along the Youngs River. Several distances from 28 to 54 miles.

Sunday, July 22 --- Take a loop over to Fort Clatsop. About 35 miles.

For more information contact Bud Rice, 503-667-0683 or bikebud@spiretech.com.

The Columbia River Gorge is a beloved place for so many reasons, most of which revolve around enjoying the boundless beauty of the natural environment, often on our bikes.

Portland Jerseys, in partnership with ORbike, is helping rebuild the Columbia Gorge after extensive damage caused by the Eagle Creek wildfire.

For every one of their Columbia River Gorge jerseys sold, they will donate \$20 to Friends of the Columbia River Gorge for restoration efforts. On top of that, Portland Jerseys always plants a tree for every jersey sold. See http://www.portlandjerseys.com/gorge-ous-jersey.html . Editor Note: This is not the Friends of the Historic Columbia Gorge River Highway that PWTC donates to every year.



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Member Mirror: Steve Price

When did you begin biking and why? When did you join the PWTC and why?

I began riding in 1971, after graduating from college. Riding looked like fun. I did it and enjoyed it and have been riding ever since. I joined PWTC the first time in the 1970s but life interfered with organized riding so I let the membership lapse after a year or two. I rejoined in 2015 because I got tired of riding alone. Went on a few introductory rides and very much enjoyed the company.

How many miles do you typically ride in a year? Club rides, or independent rides?

For the past several years, I have been averaging over 2,000 miles per year. My goals this year are 2,000 club miles and 3,000 total miles. I will probably make the latter but not the former. You must have a favorite bike in your "stable." What bike is it, and how many others do you have?

I only have three bikes. A 1972 Nishiki Competition (in storage), a Surly Long Haul Trucker, and a Jamis Quest Sport. I enjoy the Jamis for warm weather road riding but prefer the Surly for touring and bad weather riding.

What do you find most enjoyable about biking? Is there anything about the activity that you don't like?

I enjoy the physical activity of riding. I like the endorphins. I enjoy being able to coast around corners (try that while jogging!). I enjoy the camaraderie of PWTC. I don't like automobile traffic (though most drivers are very considerate) and I don't like stop signs.

In addition to cycling, are there other "hobbies," interests or pursuits, that you engage in?

I juggle, brew beer, and take photographs. I am also a ham radio operator and Rubik's Cube practitioner. Since March 2005, I have been involved in the Rose City Rollers, Portland's women's flat track roller derby league. I have photographed the league since 2005 and have served various terms on the league's Board of Directors, Accountability Committee, and Peer Mediation Service.

While we would all like to be biking full-time, unfortunately, we have to work to support this and other "habits." What kind of work did you do, or what do you currently do, in your "day job?"

I was a lawyer in Hillsboro for about 15 years, then a judge in Hillsboro for about 15 years, followed by 5 years as a senior judge substituting for other judges around the state. I completed my senior judge service on December 31, 2016 and am now totally retired. My only day job is to not annoy my wife any more than is absolutely necessary.

What is a surprising fact about you that your fellow Club members might find interesting.

Considering that I struggle to average 14 mph on group rides now, most PWTC members would be surprised to learn that in the 1980s, on 12 mile solo rides, I regularly averaged over 17 mph and once did 18 mph.

Attached is one of my favorite roller derby photos, with Stella Stardust. I am the one on the right.





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