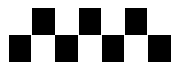


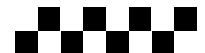


Quick Releases

The Monthly Bulletin
Of the Portland Wheelmen Touring Club



July 2017 Vol XLVI No 7



Top Talk

By Chip Kyle
President

One of the characteristics of this club that makes me proud is how willing you, the club members, are to volunteer and to serve in whatever capacity is needed. It is gratifying to see so many turn up, smile, ask what else can they do and be a significant, contributing part of a large effort. In an event the size of the Pioneer Century, there are no small or insignificant jobs to do. The myriad number of smaller tasks completed makes the whole event function smoothly. There are plenty of those, and plenty of larger tasks as well. Regardless of the size of the task, each was important to successfully bring off the event. Nearby in this issue is a thank you note from Corey Eng, Volunteer Coordinator. If you bother to count up the individual names as I did, you will see there are 115 names of volunteers. Wow! 115! I want to add my heartfelt thanks to all of you for your help. We needed you, and you came through! Special kudos need to go to Brian Hammer and Ann Morrow, Event Coordinators. Thank you both for a job well done!

We are almost done with our pleas, begging, wheedling, arm twisting and solicitations as we look for volunteers for the STP. Running the finish line takes a tremendous level of volunteer effort from club members. As of this date, we are just two weeks from that event. There are a few important positions still open. We offer lavish compensation for volunteering: a pizza

**Brian
Link
from
Velofix**



**Pre-Ride
Bike Safety Checks**

STP VOLUNTEERS PRE-EVENT PIZZA PARTY

Monday, July 10

6:00 – 8:00 p.m.

Flying Pie Pizzeria

7804 SE Stark, Portland, OR 97215



Come meet your team leaders and other volunteers, pick up your T-shirt, enjoy some pizza, salad and beverage and socialize! Thank you for volunteering with the Portland Wheelmen Touring Club to help the Cascade Bicycle Club have a successful STP!

Questions? Contact Ann Morrow, Finish Line Coordinator

360-608-3173, anniedmor@comcast.net

Corey Eng, Volunteer Coordinator

503-641-2971, coreybike@comcast.net

Club Meeting

Date: Thursday, July 6, 2017

Time: 7:00 PM

**All Saints Episcopal
Church**

4033 SE Woodstock Blvd

Portland OR 97202

Board Meeting

Date: Monday, July 24, 2017

Time: 6:30 PM

Place: Legacy Emanuel Hospital
2801 N. Gantenbein Ave
Room 1035

All club members may attend Board Meetings. Submit items to be considered in writing by the preceding Club Meeting to Chip Kyle at 503-387-3940 or cvkyle109@gmail.com

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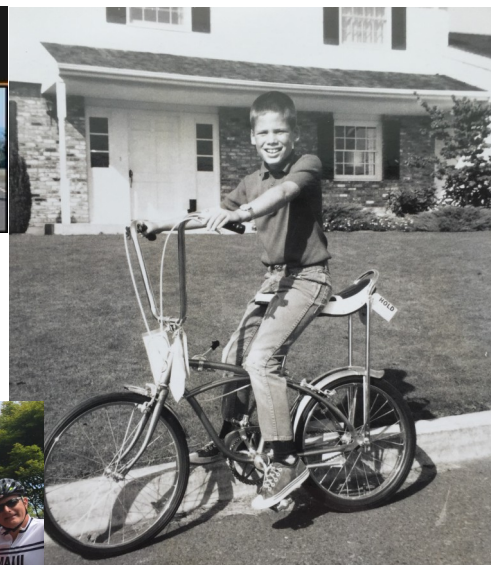
party before the event, food vouchers at the event (you get to eat twice!) and yet another colorful t-shirt to add to your collection. Corey also serves as Volunteer Coordinator for STP. Please see his article nearby.

Please remember to put the club picnic on your calendar. It is scheduled for the second Sunday in August, the 13th. There is no cost to you, the food is catered and we are offering three rides for your enjoyment - a family ride of 10 miles, and two longer rides of 25 and 32 miles. You will need to sign up for the picnic so we have an accurate headcount for the caterer. Look for information elsewhere coming shortly.

Personal note: you will not see your club president riding with the club this summer. I had back surgery on June 8th and recovery is expected to be at least two months, and more likely three. I hope to be back on the bike by September at the latest. In the meantime...Ride Safely!



Don't forget to register for Beaverton Banks & Beyond. Portland Wheelmen have a \$2 discount. Register with promotional code 99043.



Recognize this fella?

Blast from the past....Here is our very own Todd McCollum.



West Hills Coaster-Crew at Pittock Mansion 6-27-17



Portland Wheelmen Touring Club Contact Information

(Please call before 9:00 pm)

Elected Officers

President.....Chip Kyle 503-387-3940
cvkyle109@gmail.com
 Vice-President.....Ann Morrow 360-608-3173
anniedmor@gmail.com
 Recording Sec.....Joan Cullen 503 762-1629
 Membership Sec.....Lori Buffington 503-260-3167
bruce.lori@comcast.net
 Treasurer.....Jeremy Wilson 503-432-0050
jeremywilson@comcast.net
 Road Captains.....email: roadcaptain@pwtc.com
 Patrick Cecil 503-702-8864
 Bill Hamilton 503-778-0552
 Members-at-Large.....Corey Eng 503-641-2971
 Kimberly Morehead 360-355-2765
 Benn Schonman 503-775-8300
 Chuck Dorr 503-705-2212

Event Coordinators

2016 Awards Banquet Awards...
 Bud Rice 503-667-0683
 Arden Shelton 503-709-7252
 Awards Banquet...Benn Schonman 503-775-8300
 2017 Pioneer Century Coordinators...
 Ann Morrow 360-608-3173
 Brian Hammer 310-591-9458
 2017 Pioneer Century Vol. Coordinator...Corey Eng
 503-641.2971 coreybike@comcast.net
 2017 STP Finish.....Ann Morrow 360-608-3173
 2017 STP Bus.....Bill Hamilton 503-778-0552
 STP Vol. Coordinator.....Corey Eng 503-641-2971
coreybike@comcast.net
 Program CommitteeBarry Emmerling
 503-231-1879

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stats@pwtc.com
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 Historian.....Patty Mooney 503-254-7702
 Helmet Committee...
 Bruce Buffington 971-570-4791
 Refreshments.....Bud Rice 503-667-0683
 Welcome Rides.....Ann Morrow 360-608-3173
 Web Captains...
 Alan Coppola & Cindy Bernert-Coppola
 503-781-1822
 Bike Boxes.....Jackie Seguin 503-231-7216
 PWTC Clothing.....Arden Shelton 503-709-7252
 PWTC Shop Flyer.....Ann Morrow 360-608-3173

Quick Releases Staff Editor...

Kimberly Morehead 360-355-2765
pwtc.qr@gmail.com
 Editorial Assistant: Pete Schmidt
 Club Reporters, Ann Morrow, Bill Hamilton, Dave
 McQuery, Kathleen Hellen

Newsletter Deadlines

Announcements, Events, and Classified Ads for consideration of publication should be submitted to Kimberly Morehead by the 20th of the month to be in the next QR. Publishing of letters is at the sole discretion of the Editor and dependent upon space available. Opinions expressed are those of the individual and not representative of the PWTC or the Editor. Classified are run for 2 months unless other arrangements are made. Articles and classified from members have priority if space is limited.

Ride Information

Ride information is to be submitted to the Road Captain. Ride leaders wishing to create their own ride descriptions or to sign up to lead a ride for the following month need to provide the Road Captain with pertinent information two weeks ahead of the ride!

Contact either Patrick Cecil or Bill Hamilton at PWTC
 Road Captain email: roadcaptain@pwtc.com

PWTC Web Site:

<http://www.pwtc.com>



Quick Releases 2017

FATHER'S DAY WEEKEND

Saturday on **Father's Day weekend**, many of us club members found our way to the GORGE RIDE! There was a strong PWTC presence volunteering and riding. Rumor has it that they had a great turn out of registered cyclist too. Congratulations to the **GORGE RIDE** and the **President, Jeanette Kloos**. Great job!

Sunday found some of us back in the saddle for some more riding. Ann Morrow leads a Back in the Saddle welcome ride and I happen to be on that ride and offered to sweep for Ann. Our very own **Bill Hamilton**, fearlessly brought his grandson Luke who was under 14 years of age to ride the 18-mile bike ride. It was very heartwarming to see them both out there. Luke did an amazing job! **Come ride again, Luke!** I happen to snap a great picture of them featured here. For those of you that know Bill Hamilton, he does a great deal for our STP efforts by managing the buses and Penske trucks for STP. This seems like a grueling task to me. Make sure you take time out the next time to thank him for all he does for our club. He is also taking a stab at Road Captain in 2017 along side with Patrick Cecil. **Thank you, Bill!** Keep up the great work.

Respectfully submitted, Kathleen Hellem



PWTC Spotlight on Safety

By Bill Hamilton

Water Bottles

Water Bottles? Yup, water bottles. Water bottles are something we all use and probably take them for granted with nary a thought about the possible safety hazards they pose. The safety issues for water bottles fall into two categories.

First, water bottles often contain drinks with electrolyte and sugar in them. This mixture makes the water bottle a perfect petri dish for bacteria. Leave a water bottle with Gatorade or any other energy drink in it for week and you'll find a colony of black mold growing in it. The solution to this danger is simple - wash and dry your water bottle well after every ride. Occasionally, place a few drops of bleach into the bottle when you're washing it and this will disinfect any possible bacteria that may have taken up residence there.

The second safety concern about water bottles is actually more serious and common, and that is a dropped water bottle. A water bottle dropped while riding in a group can cause other riders to crash. Hitting a rolling water bottle can take a rider down immediately. If you watch any of the pro cycling tours you will often see riders discard their bottles by throwing them well clear of the group for just this reason.

While riding STP a few years back, I was following a small group of riders at a pretty good pace when one of the riders fumbled his water bottle and dropped it on the pavement. One of the riders in that group hit the bottle, fell and took two more riders down in the process. Fortunately, I was far enough back that I was able to avoid the carnage and didn't crash. A group that was coming up fast behind me, however, was unable to avoid the crash and several more of them went down. All told there were about 7 riders on the pavement as a result of this fumbled water bottle.

Water bottles can also bounce out of the water bottle cage on your bike if the cage isn't tight enough to hold it securely. On a large group ride like STP you will often find a collection of water bottles on the ground after a particularly rough section of road or a railroad crossing. The solution here is to make sure your bottle cage is secured to your bike and that the cage is tight enough to hold the bottle securely. If in doubt replace it.

So, keep a close eye and tight hand on these ticking time bombs and keep the roads safe for all.

"Let's be safe out there"

Pioneer Century 2017 Retrospect

It was during a PWTC new members "welcome" dinner back in Oct 2015 when I was asked to say a few words as Road Captain regarding the "Pioneer Century". The one recurring thought which came to mind was how the Pioneer was, and is, a "prideful event" for the club and its members. True to form, PWTC membership, both in numbers and enthusiasm demonstrated its pride for the Pioneer yet again in 2017. Working thru all of the front end logistical challenges and setup, the day of weather forecast ("72° F and partly sunny" vs. what suspiciously looked and felt more like 52° F and rain), to the always delightful tear down, load up, transport, unpack, clean, repack, transport, unpack and strategically place our equipment into storage..., PWTC's "pride" repeatedly shown thru. Participants continue to speak positively about our event hub, the Clackamas Event & Fair Center, it's staff as well as the complimentary "wake up juice" provided by Michael Winter and his crew from the neighboring Starbucks. Our rest stops..., Molalla RFPD # 85, Elliott Prairie Church & School, Gervais Elementary, Champoege Visitor Center and Wait City Park continue to be our claim to fame. From the genuine hospitality demonstrated by the Pacific Ringers, the Sorority Sisters of Gamma Phi Beta and our club volunteers, to the yummy and plentiful menu offerings available at each stop, our efforts were highly thought of. Valued contributors to the mix this year were the trusted wrench support services provided by [Lakeside Bicycles](#), [The Missing Link](#), [Western Bicycle](#), [The Bike Gallery](#) and [Velofix](#). Lastly, a "wink and a nod" to Randal & Nicole over at [Nature Commode](#). Yep, your eco-friendly porta-sans ARE different. Yep, they are ABSOLUTELY better than the alternatives. Yep, your team will be invited back in 2018.

So the book on the 2017 Pioneer is now closed. As each of you all too well knows, these events don't run themselves. Your efforts, your caring and your pride are the underlying components of successful events such as PWTC's Pioneer Century. The 2017 Pioneer organizing team, congratulate and "thank you" for the pride you've demonstrated and look forward to the 44th edition come the first Saturday in June, 2018.

Kind Regards,

Brian & Ann



STP Volunteers Needed



Our second signature fundraiser, setting up, running and taking down the finish line at Holladay Park, takes place over the 3 day period Saturday through Monday, July 15-17. I have noticed some Wheelmen volunteering for the Pioneer Century (we thank you) but missing out on the fun of STP, why not try them out both? Volunteers for STP will receive a colorful tee shirt to identify them as a volunteer and a food voucher to redeem at the many food vendors. The pizza party is at Flying Pie Pizzeria on Monday July 10, where you can meet your team leaders and grab your volunteer tee shirt.

As of July QR publishing deadline:

Remaining open positions include a **Team Leader for Saturday Return Bus Transportation** from 5:30 pm – 9:30 pm, along with a couple of helpers to take tickets. Slots are open on both Sunday and Monday too.

Baggage has an open slot Saturday evening from 6:00 pm – 9:00 pm and many open slots on Sunday over two shifts 10:00 am – 2:30 pm and 2:30 pm – 7:00 pm.

Bike Loading has open slots on Sunday's two shifts. Baggage and Bike Loading jobs will have many enthusiastic High-schoolers assisting.

Route Safety volunteers work the finish line area and numerous slots are available both Saturday and Sunday.

There are single positions open at **Information Booth** on Sunday from 3:30 pm – 8:00 pm and **Bike Corral** on Sunday from 2:45 pm – 7:15 pm.

Use the following link to reserve your spot(s).

<http://www.signupgenius.com/go/20f0a4aa8a92ea5fa7-20171>

Note: you do not necessarily need to use the Login button, located in the upper right corner of the page, when choosing an available slot(s) and time(s).

If you have any questions about the volunteer jobs or need help logging in to signupgenius, contact me at 503-641-2971 or coreybike@comcast.net

Your club thanks you,

Corey Eng, 2017 STP Volunteer Coordinator



Pictures, articles, comments
or suggestions? Send it to:
pwtc.qr@gmail.com



COLUMBIA GORGE EXPLORER 2017

What a rewarding successful CGE loaded tour we had this year. Not only did we experience perfect weather, low winds, no accidents, but important to most of us, the ROWENA CREST portion of the old highway 30 was open to travel. This is an important artery of our travels. Not only is it majestically beautiful with views that are breathtaking, but even more importantly to any cyclist fully loaded down with their gear, we'll do anything to avoid rolling along on highway 84! While there are a few miles we have no choice but to ride the 84, most of us would agree that we'd not wish to add any additional miles riding on the busy freeway.

Many thanks to our fearless **Ride Leader of CGE, Dave McQuery!** Thank you, Dave for an amazing well-organized event and nightly group briefings. If you haven't done a loaded tour before, ask around the club and figure out who can assist you with great tips for a successful event. This is a great opportunity to try loaded touring.

Our very own **Quick Release Editor, Kimberly Morehead** attended her first loaded tour over Memorial weekend. She was a machine out there and had an amazing time. She was very reluctant to do this ride, but she pushed through and proved to herself that she could ride 245 miles over 4 days through the gorge. She did amazing and held her own, with the exception she tried slip a nectarine in my trailer. Got to keep an eye on that girl, any loaded bicycle tourist knows, every gram of weight counts! She's a seasoned loaded tour cyclist now! She did amazing!!! Way to go, Kimberly!

Bob Johnson, Kimberly and I, had the great fortune of a good Samaritan offer us some amenities along the way. Bob and I were on the highway 14 heading east. We decided to stop and regroup with Kimberly after much climbing. Many of you know there is a limited shoulder to ride on the highway 14. Weather was brutally hot, 95 degrees. Bob and I were greeted by a resident who insisted we need to get off the hot highway, and go over to her yard to get shade and water from her hose. We were so grateful! We did exactly that. We took a 10-minute break under her shady tree, refilled our bottles from her hose and hit the highway again refreshed and strong! We took a picture of her mailbox address, and plan on sending her a Thank You card from PWTC! What an amazing experience. **Here's to CGE 2018! Looking forward to it.**

Respectfully
submitted,
Kathleen Hellem



KUDOS to all Pioneer Century volunteers

A big thank you to the many PWTC members and friends who spent hours preparing for the Saturday event, either before, during or after the official Saturday rides. The weather was not ideal, but that does not alter the number of volunteers needed to put on a quality ride.

Apologies in advance to anyone I may inadvertently not mention.

Event Coordinators: Brian Hammer (with assistance from last year's lead Benn Schonman) and Ann Morrow

Route marking: John Mardis, Karyn Mardis, Ron Ing and Benn Schonman

Pre-registration lead: Lori Buffington (with assistance from last year's lead Cheryl Speer)

Day of Registration lead: Joan Cullen

Food Czar: Arden Shelton (with assistance from last year's lead Karyn Mardis)

Gervais rest stop: Cheryl Speer's Gamma Phi Beta Sorority Sisters

Elliot Prairie rest stop; Sawtell rest stop; Wait Park rest stop; and Fairground's food service: Ellie Hodder's Pacific Ringers

Tripod & Directional road sign installation/removal: Cindy Bernert-Coppola and Alan Coppola (both setup and pickup)

Betsy McCollum and Todd McCollum (setup) and John Hirsch and Linda Leyva (pickup)

Sag Drivers: Eric Hendricks, H.E. Wilkinson, Thomas Batty, Dave McQuery, Linda Hammer, Wendy Heidt, Cindy Bernert-Coppola, Alan Coppola and Craig Hill

Friday truck drivers: John Joy, John Mardis and Scott Poindexter

Saturday truck drivers: Bill Hamilton, John Joy, Dave Ek, Sarah Hill and Kurt Minges

Sunday truck drivers: Del Decristoforo, Brian Hammer and Mark Hartel

Friday equipment loading: Ian Aitken, Del Decristoforo, Brian Hammer, John Joy, John Mardis, Kimberly Morehead, Scott Poindexter and Benn Schonman

Friday Canby Fairground setup: Mark Brisack, Warren Ford, Brian Hammer, John Joy, Karyn Mardis, Kimberly Morehead, David Ruhl, Michelle Ruhl, Benn Schonman, Arden Shelton and Gary Shuler

Valet Parking attendants: Dick Fairbank, Terese Fairbank, Ron Ing and Alison Nelson

Event photographer: Rohith Gunawardena

Route ambassadors: Frank Arndt and Richard Higgins

Day of ride registration: Tom Carter, Chuck Dorr, Cackie Kyle, Joel Loh, Dave McQuery, Marci Ray and Betty Suryan

Pre-registration check-in: Yvonne Ammerman, Phil Brown, Barbara Goodkin, Peter Goodkin, Chip Kyle, Robert Locke, Ching See Ming and Cheryl Speer

Merchandise sales: Nora Cheng, Kenneth Larson, Pat McManus, Richard Miselis, Kathleen Hellem and Kurt Minges

Wrist band cutter: Yvonne Ammerman and Nyna Payne

Champoeg rest stop: Linda Hammer, Wendy Heidt, Jo-Ann Sowers, Jerry Lanz, Ann Sandvig, Dick Adkins and Janet Adkins

Finish line rest stop: George Ammerman, Sharon Ford, Sara Gabin, John Hart and Clayton Hawkes

Event closure, cleanup and packup: Richard Brenner, Patrick Cecil, Bob Johnson, Nyna Payne, Bob Sahleen and Dick Weber

Sunday sanitary cleanup: Steve Abeling, Joan Cullen, Del Decristoforo, Sharon Ford, Warren Ford, Brian Hammer, Linda Hammer, Agnes Ho and Mark Hartel

Hope to see many of you next year!

Corey Eng, Pioneer Century Volunteer Coordinator





Welcome New Members

Lisa Benaron
Rebecca Brown
Samuel Chambers
Paul Dunn
Julien Erard
Daniel Gonzales
Charles Jasper
Clarence "Doc" Loomis
Tommy O'Neill
Martin Rasmussen
Ashton Sweet

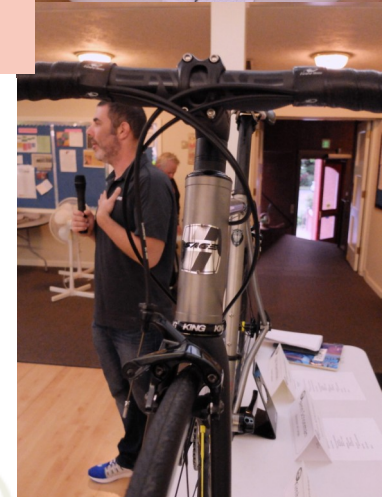


Many PWTC members volunteer to help out with the Gorge Ride. And many show up to ride the ride. Beautiful scenery, worth the climb up Rowena Crest.



June's club meeting had a little presentation by our librarian, Jim Buchanan.

David Rosen from Sage Titanium Bikes gave a presentation on Titanium bikes.





Cascading Rivers Rides

September 16th & 17th
Estacada Oregon

Killer Fang: 72 miles each day

Bagby Spa Ride: 71 miles Sept 16th only

Raging Rapids: 35 or 52 miles Sept 17th only

Little Riffles: 12 miles Sept 17th only

This is not a club approved mileage ride.

NEW PWTC WEBSITE

Hopefully by now most of you have had the opportunity to hop on and tool around in our new website. If not, I encourage you to do so. It's up to speed with the latest technology and really pretty user friendly. If you're having any struggles with it, please don't hesitate to reach out to Cindy, Alan, Mark, or anyone at the club meeting.

A **HUGE THANKS** to our web committee, **Cindy Bernert-Coppola, Alan Coppola, and Mark Hartel**, for their many countless hours put into this effort!



Both Cindy and Alan have contributed, and continue to contribute a great deal to our bicycle club. Cindy has worn many different hats in her years with our club, even stepping up as our President in 2014, when no one else was available to take on that role. She did an amazing job! The efforts both Alan and Cindy put out on our annual Pioneer Century event, driving hundreds of miles marking our event at 5:30 am. I'm tired just thinking about it. Cindy handled the Volunteer Coordinator for STP as well, prior to Corey taking that over. Cindy is co-heading up our San Juan Island trip with Ann Morrow in August.

Mark has served on the board, been an active ride leader, and has done the majority of work developing the ride calendar. Mark is continuing to develop a rider mileage database for the website which will show up-to-date mileage totals on each member's profile.

Cindy, Alan, and Mark have shown their willingness repeatedly to do whatever it takes to support our bike club. Next time you see them, find a way to let them know how much they are greatly appreciated for all they do. I know that's what I will be doing!

Respectfully submitted, Kathleen Hellem

Steens Mt. Scenic Loaded Tour

September 5 - 11

Steens Mt. rises in a long ridge more than 5000 feet above the desert floor with awesome sunrises and sunsets for willing wilderness campers. To enjoy Tuesday's sunset cars leave Portland Sept 5 at 7:00 a.m. for "second breakfast" in Madras. Our destination will be the top Steens Mt. for a night of car-camping without services. On the drive up we'll assess the condition of the gravel road to determine the possibility of a morning descent on our bikes.

On Wednesday, Sept 6, after a majestic sunrise we hopefully will descend 20+ miles on unloaded bikes for "second breakfast" at rustic Frenchglen Hotel. John claims the blueberry pancakes were some of the best I've ever eaten.

With loaded bikes (leave cars at Hotel) we'll ride Catlow Valley Road for 50 miles to Fields where a cafe, groceries, and motel rooms (reservation) and/or camping await.

"First Breakfast" at the Field's cafe or your stove begins Thursday, Sept. 7. Stock up (No "second breakfast" today) on supplies for two days as we then travel 40 miles of the pavement then hard packed gravel of the Fields-Denio Road thru Andrews (the old school houses a world famous desert artist) to Alford Hot Springs for a \$5.00 soak. Destination Mann Lake campground.

Sadly no "second breakfast" on Friday, Sept 8 as we follow Fields-Denio Road to Hwy 72 (Steens Highway) into Crane's cafe/grocery and finalize the 70 mile day with a soak (\$??) at Crystal Springs Hot Springs and camping.

"Second Breakfast" will happen after a 28 miler into Burns on Saturday, Sept 9. Then we'll head 23 miles on Hwy 205 to camp at Narrows and an unloaded gravel road ride of 18 miles round-trip to the Malheur National Wildlife Refuge Headquarters.

From Narrows on Sunday, Sept. 10 we travel 35 miles directly to Frenchglen for "second breakfast" or add a 30 mile round trip to the famous Diamond Hotel for "second breakfast". After retrieving the cars, we return to Crystal Springs for another (\$??) soak and camping

Monday, Sept 11 Drive home by way of John Day or Bend

Costs: Hot Springs (\$30?), Camping (\$60?), "Second Breakfasts," (\$????) Travel (riders split gas cost about 40 gals at \$2.30 gal for approximately 750 miles; drivers pay other the car expenses.

Considerations: Nights and early mornings in Sept. can be cold.

We start peddling each day before 7:30 a.m.

Some travel will be on gravel roads of unknown condition until we arrive therefore new tires and a spare recommended.

Ride Leaders: Don Spencer (donldwspencer@gmail.com)

John Burkhardt (jhbukrh@hotmail.com)

The Bullards Beach Weekend

July 28-30 2017



Journey to the southern Oregon coast this summer for three days of riding in places that you don't often see. Dates are July 28, 29 and 30. The rides will be starting at Bullards Beach State Park, 2 miles north of Bandon, OR. Friday mornings ride takes a loop south of Bandon, with a lunch stop in town, and has multiple distances from 25 to 40 miles. Saturdays 45 mile ride goes up to the town of Coquille on one road and returns on another. On Sunday we ride east and north and return on roads through Bandon Dunes Golf Course. This is a 26 mile route with shorter options.

This is a camping weekend. Make your own campground reservations at [1-800-452-5687](tel:1-800-452-5687) or at oregonstateparks.org. If you aren't a camper you can still enjoy the rides. Bandon, OR., with many motels, is just 2 miles south of the park. Each campsite at Bullards Beach has water and electricity. Oregon State Parks fill up very quickly so book your space ASAP. Event headquarters is at campsite C55. For more information contact Bud Rice at [503-667-0683](tel:503-667-0683) or at bikebud@spiretech.com.



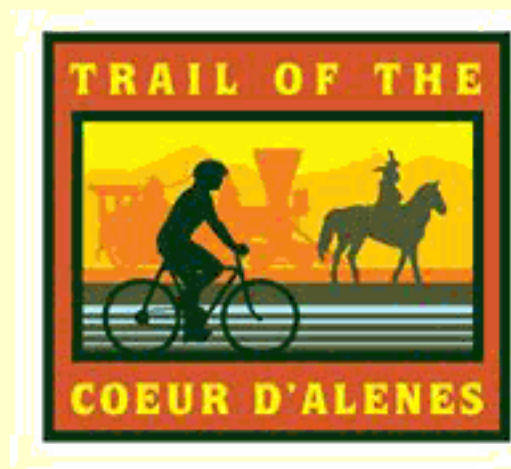
Idaho Tour

August 27-31, 2017

The Idaho Tour is on again for 2017. The dates will be Sunday, August 27 through Thursday, August 31. There are three days of riding on the Trail of the Coeur d'Alene with a fourth optional day on the Route of the Hiawatha. The Coeur d'Alene is a paved rails to trails, 75 miles long, that runs across the northern Idaho panhandle. We ride it in both directions. The Hiawatha is a 17 mile, gravel, rails to trails that goes through 9 tunnels and across 8 tall trestles.

This is not a camping event. We will be staying in motels for four nights. The trip starts in Wallace, Idaho on Sunday, August 27. On Monday, August 28 we ride 50 miles down to Harrison, Idaho, on the bank of Lake Coeur d'Alene, where we stay for 2 nights. On Tuesday, August 29 we ride 35 miles round trip to Plummer, Idaho for lunch. On Wednesday, August 30 we ride the 50 miles back to Wal-

lace. Thursday, August 31 is the optional ride on the Hiawatha.



Cost for the trip is \$280.00 per person. There is no sag for the trip. You need to carry enough with you for two nights in a motel. You also need to sign up with a roommate. For more information contact Bud Rice at [503-667-0683](tel:503-667-0683) or bikebud@spiretech.com.

Reserve Now for Your Spot on the San Juan Island trip – August 6-10, 2017

by Cindy Bernert-Coppola

After organizing and leading this trip for many years, Bud Rice has passed the baton to me and to Ann Morrow for 2017. Although we can't hold a candle to his amazing organizational skills, he has promised the share his wealth of knowledge, and we'll do our best!

Reservations have been made for a group campsite on San Juan Island at the Lakedale Resort and Campground. Most folks will leave their car at the marina in Anacortes and bike to the ferry. We will, however, need at least three people to volunteer their vehicle (preferably a truck or van) to ferry our gear to the campground. If you are one of the vehicle owners, you will be reimbursed for the ferry crossing fee.

The itinerary is roughly as follows:

Sunday, August 6: Meet at the marina and transfer your camping equipment to one of the drivers. Bike to the ferry landing (just a few miles) and take the ferry to San Juan Island.

Arrive at Friday Harbor and bike approximately 4.5 miles from the ferry landing to the campground

Monday, August 7: Enjoy pedaling around San Juan Island, including scenic Roche Harbor and the lavender fields.

Tuesday, August 8: Board the ferry to Orcas Island and follow one of several maps either just into town or on to Moran State Park and up Mt. Constitution. Ferry back to San Juan Island.

Wednesday, August 9: Board the ferry to Lopez Island and follow one of the maps ending at Lopez Village and a great bakery (if it's open) or another eating establishment.

Thursday, August 10: Pack up your equipment & bike to the ferry landing for the return to Anacortes. Meet at the marina and transfer your belongings from one of the vehicles to your car and head home.

The cost per person for the trip will be \$60/person to cover campsite fees, ferry crossing fees for the three vehicles, and a little extra for shared campsite items. We are limited to 25 people for the shared campsite. To reserve your spot, send a 50% down payment to Ann Morrow at 13207 NE 2nd Ct, Vancouver, WA 98685.

Additional expenses to plan for will be your passenger+bike ferry fee (a one-time round-trip fare which includes inter-island trips), food (eating out or cooking at the campground), and showers.

Questions? Contact Cindy Bernert-Coppola, cindybco@gmail.com, or Ann Morrow, anniedmor@gmail.com.



SADDLE SPEED DATING



Don't Forget to sign up for the Picnic Aug 6th! We need an accurate count for food. So if you want to eat the delicious catered lunch, please RSVP. See the email blast for the link or check out the website link to sign up!

Join us on the last Tuesday of each month to go on a bunch of first (saddle) dates in 1 night. Get one-on-one time with many saddles in one night so you can QUICKLY see which one you have an interest in investing in for the long haul. Talk 1:1 with our Saddle Librarians about what you're looking for in a saddle and we'll help you pick out up to saddles to try for some quick rides. And then -- because no saddle, no matter how pretty, expensive or aerodynamic-- will feel perfect if it's not set up properly, after you find your saddle love match you'll get a FREE quick fit with Gladys. During the quick fit we'll dial in your seat height and position to make sure it's set up to support your body as best as it possibly can.

UPCOMING SADDLE DATES: 7/25/17 & 08/29/17 AT 7PM

Space is limited to 5 participants so that you get our full attention and the quality time you need with your saddles.

To reserve your spot email hello@gladysbikes.com with your date preference.

Quick Releases

A Monthly Bulletin of the
Portland Wheelmen Touring Club

Check your membership expiration date.

Is it time to renew?

Online: <http://pwrtc.com/>

WE'RE ON THE WEB!

PWTC.COM



06/20 West Hills Roller Coaster



06/24 Chuck's Slow Poke Ride.
Sharon shows off her new bike.



Clay and new member Doc
on East County Series ride.



06/11 Lacamas Lake
Loop Ride.



06/25 Sunday Parkways—Tom's
Welcome ride stopped by to say hi.