

# Quick Releases

The Monthly Bulletin
Of the Portland Wheelmen Touring Club



**April 2017 Vol XLVI No 4** 



# Top Talk

By Chip Kyle President

An objective we have as a club is to encourage and facilitate rides, cycle outings and all forms of recreational cycling. One of the ways we do this is by supporting other local bike clubs. One of our first opportunities is coming up at the end of this month. On Sunday, April 30th, the Monster Cookie Ride sponsored by the Salem Bike Club is held. The ride starts at the capital and rides north to Champoeg State Park and back. The roads are lightly travelled, and the terrain is flat, but you probably should expect a bit of wind in one direction or the other (hopefully a tail wind on the return, but not always). It's a great ride and I encourage all to come out and wear your club attire. It's a fun ride that is well supported and has lots of food. What more could you want? (And, yes, there are excessively large cookies handed out at the end of the ride. I'm partial to the peanut butter ones.)

For the regular readers of this column, you know that I have a particular orientation to bike safety. With all the rain the Portland area has experienced over the

Jude Gerace from Sugar Wheel Works will discuss bike wheels including their individual components, as well as the benefits of hand built vs. stock factory built wheels.

# Mileage Approved Rides this Month:

### **Daffodil Classic**

Presented by Tacoma Wheelmen's Bicycle Club

April 9th WA

Orting

Ride Leader: Ann Morrow

# Monster Cookie Metric Century

Presented by Salem Bicycle Club
April 30th Salem OR

Ride Leader: Chip Kyle



Our new updated website is launching later this month.

Stay tuned...

## **Club Meeting**

Date: Thursday, April 6, 2017 Time: 7:00 PM

# All Saints Episcopal Church

4033 SE Woodstock Blvd Portland OR 97202

## **Board Meeting**

Date: Monday, April 24, 2017 Time: 6:30 PM Place: Legacy Emanuel Hospital

2801 N. Gantenbein Ave Room 1035

All club members may attend Board Meetings. Submit items to be considered in writing by the preceding Club Meeting to Chip Kyle at 503-387-3940 or cvkyle109@gmail.com

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last several months, the rivers are especially high. If you ride along the East Bank Esplanade in Portland, you will see the effect quite directly. The floating section of the Esplanade is higher (!) than either side of that section. The result is an abrupt transition both onto and off the floating section. One of our club members crashed on the transition and had numerous scrapes, contusions and aches. There is a small sign to warn riders, but from personal, direct experience it is much more abrupt than you think. Please be careful!

Keep your eyes open for a special opportunity at the end of Summer. The Wheelmen have been approached by the Thorns soccer team to help coordinate a "Ride to the Game" event. We'll keep you informed.

Ride safely. Chip Kyle



## Reach The Beach Kickoff

On March 12th, Ann Morrow and Kathleen Hellem attended the Reach The Beach Kickoff party to give a face to PWTC and let people know we offered training rides. They met riders and promoted our rides. As a result, there have been some new riders that have been showing up for our Reach the Beach series.



## **Portland Wheelmen Touring Club Contact Information**

(Please call before 9:00 pm)

### **Elected Officers**

PresidentChip Kyle 503-387-3940
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Patrick Cecil 503-702-8864
Bill Hamilton 503-778-0552
Members-at-LargeCorey Eng 503-641-2971
Kimberly Morehead 360-355-2765
Benn Schonman 503-775-8300
Chuck Dorr 503-705-2212

### **Event Coordinators**

2016 Awards Banquet Awards...

Bud Rice 503-667-0683 Arden Shelton 503-709-7252

Awards Banquet...Benn Schonman 503-775-8300 2017 Pioneer Century Coordinators...

Ann Morrow 360-608-3173

Brian Hammer 310-591-9458 2017 Pioneer Century Vol. Coordinator...Corey Eng 503-641.2971 coreybike@comcast.net

 2017 STP Finish......Ann Morrow
 360-608-3173

 2017 STP Bus.......Bill Hamilton
 503-778-0552

 STP Vol. Coordinator......Corey Eng
 503-641-2971

 coreybike@comcast.net

Program Committee ......Barrry Emmerling

503-231-1879

### **Appointees**

StatisticianGeorg	e Ammerman 971-270-64	40
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Information Line......Bud Rice 503-667-0683 Historian.....Patty Mooney 503-254-7702

Helmet Committee...

Bruce Buffington 971-570-4791
Refreshments.....Bud Rice 503-667-0683
Welcome Rides.....Ann Morrow 360-608-3173

Alan Coppola & Cindy Bernert-Coppola

		503-781-1822
Bike Boxes	Jackie Seguin	503-231-7216
PWTC Clothing	Arden Shelton	503-709-7252
D. W.T.O. O		
PWTC Shop Flyer	Ann Morrow	360-608-31/3

### Quick Releases Staff Editor...

Kimberly Morehead 360-355-2765 pwtc.qr@gmail.com

Editorial Assistant: Pete Schmidt

Club Reporters, Ann Morrow, Bill Hamilton, Dave McQuery, Kathleen Hellem

### Newsletter Deadlines

Announcements, Events, and Classified Ads for consideration of publication should be submitted to Kimberly Morehead by the **20th** of the month to be in the next QR. Publishing of letters is at the sole discretion of the Editor and dependent upon space available. Opinions expressed are those of the individual and not representative of the PWTC or the Editor. Classified are run for 2 months unless other arrangements are made. Articles and classified from members have priority if space is limited.

### Ride Information

Ride information is to be submitted to the Road Captain. Ride leaders wishing to create their own ride descriptions or to sign up to lead a ride for the following month need to provide the Road Captain with pertinent information two weeks ahead of the ride!

Contact either Patrick Cecil or Bill Hamilton at PWTC Road Captain email: roadcaptain@pwtc.com

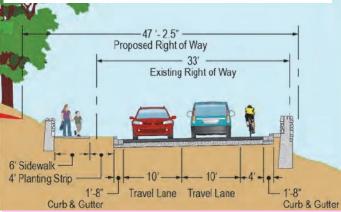
### **PWTC Web Site:**



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Marci thinks a detour is needed...





Per www.portlandoregon.gov/transportation

If you're riding a bicycle on a road at less than the normal speed of traffic, you're required to ride "as close as practicable to the curb or edge of roadway" except when:

- overtaking or passing another bicycle or vehicle,
- preparing to execute a left turn,
- avoiding hazardous conditions, or
- the lane is not wide enough to allow safe passing by a motor vehicle.

## **Spotlight on Safety**

By Bill Hamilton

Position in the Lane

Once again I find myself writing about the behavior of some riders when it comes to where to ride in the lane. There are a few riders out there, and one is even a ride leader, who don't seem to understand where to ride in the lane.

The sense I have is that these riders are unaware of where they are in the lane and their relation to cars, the curb, the yellow line and other riders. One rider in particular often rides down the LEFT hand side of the traffic lane, immediately adjacent to the yellow center line, apparently oblivious to where he is riding. Other riders ride too far into the traffic lane for cars to pass them without being forced completely into the oncoming lane.

This riding style is dangerous. It's not only dangerous for the offending rider, it is also dangerous to the other riders in the group. If one wants to endanger himself or herself, that's a personal matter, BUT when you're riding with a group, and with the PWTC then its no longer a personal matter. Its a matter of concern to everybody involved because you're affecting their safety and the reputation of the club. When you are riding out to the left, it makes it dangerous for other riders to pass. Either they have to pass farther on the left, sometimes in the next lane of traffic, or pass on your right which is also a dangerous place to pass. Riders need to stay to the RIGHT. Stay as far to the right as you can.

We ALL need to constantly evaluate how we are riding. Take note of where we are in the lane. Check to see how far we are away from the curb or fog line. Take note of where the other riders in the group are riding. Look at your riding style objectively and critically and see if you are one of these offending riders. If you are, change your riding style.

Although it is uncomfortable. if you are riding with a rider who seems to regularly exhibit unsafe riding practices, take a moment to let that rider know what he/she is doing wrong and how to correct it. Do it constructively, but do it! We owe it to ourselves, if not the other riders to make cycling as safe a possible, even if it means

leaving your comfort zone to help.

"Let's be safe out there"



March Club Meeting

Erik Tonkin Sellwood Cycle Repair

He gave an interesting talk about the trends of the biking industry he's seen over the years.





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# YOUR CLUB AT WORK IMPORTANT DATES FOR 2017

If you're like me, your summer ride schedule is already packed and we're just moving into spring! There are many fun event rides and multi-day club rides, not to mention our fellow club members' many offerings of "regular" rides. You may actually get a little irritated looking at the Ride Calendar and lament that you will miss out on some tantalizing rides because you can't be two places at once. As you fill in your Summer of 2017 Ride Calendar here are some important PWTC dates to be mindful of:

DATE	EVENT	COMMENTS
April 30, 2017	Monster Cookie Ride, Salem, Oregon	Club effort to have a significant presence at this event
May 21, 2017	Sunday Parkways	Volunteers needed.  SouthEast Portland
June 3, 2017	PIONEER CENTURY	Ride or volunteer but be there!  No other club rides on these dates.
June 25, 2017	Sunday Parkways	Volunteers needed.  North Portland
July 15 & 16, 2017	SEATTLE TO PORTLAND (STP)	Ride or volunteer but be there!  No other club rides on these dates.
July 23, 2017	Sunday Parkways	Volunteers Needed NorthEast
August 13, 2017	Picnic	No club meeting in August.  No club rides other than the picnic rides on this date.

Additionally, there are plenty of other activities to keep you and your bike rolling: Ride Around Clark County on May 6, the Gorge Ride on June 17, Beaverton Banks and Beyond on August 19 to name a few. And you're probably already signed up for our Multi-Day rides!

Get that calendar out and fill in those dates. I'm looking forward to a wonderful summer of riding with my club



### 03/12 MEET PWTC ride





Sign-up to help volunteer for the **2017 Pioneer Century** and the **2017 Seattle to Portland bicycle classic**. These two events are the major sources of income that allows members of the Portland Wheelmen Touring Club, all the benefits they enjoy.

The **PWTC Pioneer Century** ride will take place Saturday, June 3, 2017.

Check out the Friday, Saturday and Sunday job slots.

Use the following link to reserve your spot(s).

http://www.signupgenius.com/go/20f0a4aa8a92ea5fa7~2017

Please include your volunteer tee-shirt size

The **CBC STP** one/two day rides take place on Saturday/Sunday, July 15/16, 2017. Check out the Friday, Saturday, Sunday and Monday job slots.

Use the following link to reserve your spot(s).

http://www.signupgenius.com/go/20f0a4aa8a92ea5fa7~20171

Note: you do not necessarily need to use the Login/Join button, located in the upper right

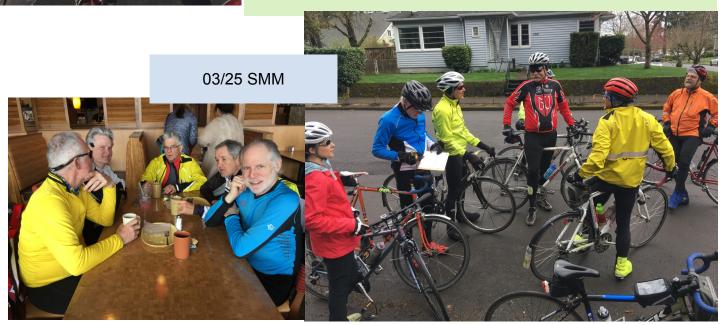
corner of the page, when choosing an available slot(s) and time(s).

If you have any questions about the volunteer jobs or need help logging in to signup-

call me at 503-641-2971. Your club thanks you.

Corey Eng

2017 Pioneer and STP volunteer coordinator



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# Proposed 40 Mile Loop – Metro Planning and the City of Troutdale

Who doesn't want a new 40-mile bike loop out East? While we've certainly experienced some problems along the Springwater Corridor with the homeless community taking up residence along the path, it's still a path we all are going to ride our bikes on at the end of the day! It's cleaned up well, compared to this time last year. What about the proposed 40-mile loop on

the East side?

A few of us Wheelmen attended the City of Troutdale, open house last month to show our support for the proposed 40-mile loop led by Metro

and the City of Troutdale. The project was currently in the conceptual design phase, the night of the open house. The first 40-mile loop master plan was first created by the Olmstead Brothers. The Olmstead Brothers Plan for Portland Parks, was prepared in back in 1903, that included a "connected system of parks and parkways." This plan was revisited in 1983, and defined as the mission of the "40-mile Loop Land Trust." The goal was to have the loop completed by the year 2000. Revisited again in 2012 to include the East Metro Connections Plans in was a partnership of Wood village, Troutdale, Fairview, Gresham, Multnomah Village, Metro, and ODOT, they identifying opportunities for public and private investments within the project area to improve connectivity and stimulate economic growth. As you're probably starting to see, this has been a very long process with no resolve to move forward with the loop.

Fast forward to 2017, the residents of Troutdale, and non-residents cyclist, myself, Ann Morrow, and Kimberly Morehead from Vancouver, WA, attended the City of Troutdale open house on behalf of Portland Wheelmen Touring Club to show our support from our club. We weighed in by submitting a paper survey, in support of the proposed 40-mile loop, while many others in the community of Troutdale, submitted an online survey.

The items for the criteria of this proposed loop included, connections to parks, community centers, schools, topography/steepness, economic impact potential, confirmation with

previously adopted plans, safety and security, user experience, traffic volumes, cost, parking impact, and environmental impact. The residents have different ideas about it. On one hand, they felt that homelessness should not be the main reason to avoid community investments. Others mentioned they felt this plan needs to be put on hold until the current issues on the Springwater Trail are resolved. Questions about what a safe trail would look like? For example, using lighting and trail design to make a safer trail.

It's important to note that this plan had zero funding, and had it been approved, there would have been a long road ahead, many meeting with stakeholders to even see this plan move beyond the conceptual design phase.

As it turned out, after all the surveys and considerations, the City of Troutdale has decided to suspend this project with Metro for now. The Springwater Corridor issues with illegal camping, and homelessness have "spoiled the pot" so to speak, for any future plans to proceed forward

with the 40-mile loop. The residents of Trout-dale have spoken, and the concerns of home-lessness, illegal camping, and safety in general, in their opinion, outweigh the benefits of moving forward with Metro in the development of the proposed 40-mile loop. Looks like the Olmstead Brothers Plan, is going on the back burner, yet again!

What can we do? We can hope for better laws, such as no overnight camping to protect our trails, and city planning to better accommodate for the homeless communities. Maybe someday that "40-mile loop" will make it past the conceptual design phase!

Respectfully submitted by,

Kathleen Hellem

http://www.oregonmetro.gov/news/hearingresidents-metro-suspends-troutdale-trail

# **UPDATE: PWTC Mileage Policy for PWTC Rides**

The board updated the mileage policy at the March Board Meeting. This excludes Non-PWTC Rides/Cycling Events (Separate Mileage Credit Policy adopted Apr 1, 2010.)

Mileage Credit allows for the distance ridden on the date of the published PWTC ride route and any distances ridden to the start of said ride and any distances ridden from the finish of said ride, to the riders starting location, e.g. home, car.

This is effective April 1, 2017. If you have any questions, please contact anyone on the board.

# **UPDATE: 2017 Non PWTC rides approved for Club Miles**







**Two County Double Metric Cen**tury Ride is no longer one of the approved rides since Regional Cancer System they changed the date.

# Two other rides approved for mileage credit:

**Northwest Tandem Rally** June 30th—July 3rd Seattle WA

Ride Leaders: Phil Brown &

**Cheryl Speer** 

**Peach of a Century Presented by Salem Bicycle Club** August 27 Salem OR Ride Leader: Bill Hamilton



# Welcome New **Members**

Michael Coupe Carly Currier John Graeter Karen LaBonte Mark Linehan Jenny Pelster Tom Pelster Zack Pelster



# West/Eastward Loaded Tour June 26 - July 1

West/Eastward Loaded Tour begins MONDAY, June 26 with a 9:30 a.m group rendezvous at Hillsboro's Manaia Coffee House (203 E. Main) near the end of the Max Blue Line for "second breakfast" to fuel up for a ride of 40 miles through Banks and Vernonia for lunch then onward to Big Eddy, a no reservation Columbia County campground on the Nehalem River.

Early TUESDAY at 7:30 a.m. we start a 60 mile day sadly without "second breakfast" on the scenic Nehalem River Highway (Hwy 202) into Clatsop State Forest to Youngs River Road through Warrenton to camp at Fort Stevens State Park's Hiker/Biker.

After an exploration of the Clapsop Spit on Jeffy road at 7:30 a.m. Wednesday's "Second Breakfast" awaits us in Astoria. We will travel highway 101 and across the famous Astoria Megler Bridge to Illwaco and to camp at Cape Disappoint-

ment Park's Hiker/Biker. This short 30 mile day loaded might include an unload exploration of Long Beach Peninsula bike trail and/or roads.

THURSDAY 7:30 a.m. we travel north on Hwy101 along infamous for kayakers Willapa Bay then turn back southeast on Naselle River Road to "second breakfast" at Naselle (we hope). We head east on Hwy 4 to Skamokawa (a no reservation county park on the Columbia River) for a total mileage of 50 miles.

FRIDAY at 7:30 a.m we follow the Columbia to Cathlamet for "second breakfast" before we cross for a ride-around Puget Island and our boarding of the new ferry to Westport. We'll navigate some country roads to Rainier's non-reservation Hudson-Parcher County Park for camping after a 40+ mile trek

July 1, SATURDAY may have two optional routes but both certainly with "second breakfast" (1) a quicker, flatter highway 30 to Portland for 50 miles (2) a slower, hilly and longer route through the country roads to St.Helens before joining highway 30 to Portland.

Costs will include your camping each night at approximately \$10.00 plus "second breakfast" that has become our tradition on loaded tours.

Ride Leaders: Don Spencer (donaldwspencer@gmail.com

John Burkhardt (jhburkh@hotmail.com

## Steens Mt. Scenic Loaded Tour September 5 - 11

Steens Mt. rises in a long ridge more than 5000 feet above the desert floor with awesome sunrises and sunsets for willing wilderness campers. To enjoy Tuesday's sunset cars leaved Portland Sept 5 at 7:00 a.m.for "second breakfast" in Madras. Our destination will be the top Steens Mt. for a night of car-camping without services. On the drive up we'll assess the condition of the gravel road to determine the possibility of a morning descent on our bikes.

On Wednesday, Sept 6, after a majestic sunrise we hopefully will descend 20+ miles on unloaded bikes for "second breakfast" at rustic Frenchglen Hotel. John claims the blueberry pancakes were some the best I've ever eaten.

With loaded bikes (leave cars at Hotel) we'll ride Catlow Valley Road for 50 miles to Fields where a cafe, groceries, and motel rooms (reservation) and/or camping await.

"First Breakfast" at the Field's cafe or your stove begins Thursday, Sept. 7. Stock up (No "second breakfast" today) on supplies for two days as we then travel 40 miles of the pavement then hard packed gravel of the Fields-Denio Road thru Andrews (the old school houses a world famous desert artist) to Alford Hot Springs for a \$5.00 soak. Destination Mann Lake campground.

Sadly no "second breakfast" on Friday, Sept 8 as we follow Fields-Denio Road to Hwy 72 (Steens Highway) into Crane's cafe/grocery and finalize the 70 mile day with a soak (\$??) at Crystal Springs Hot Springs and camping.

"Second Breakfast" will happen after a 28 miler into Burns on Saturday, Sept 9. Then we'll head

23 miles on Hwy 205 to camp at Narrows and an unloaded gravel road ride of 18 miles round-trip to the Malheur National Wildlife Refuge Headquarters.

From Narrows on Sunday, Sept. 10 we travel 35 miles directly to Frenchglen for "second breakfast" or add a 30 mile round trip to the famous Diamond Hotel for "second breakfast". After retrieving the cars, we return to Crystal Springs for another (\$??) soak and camping

Monday, Sept 11 Drive home by way of John Day or Bend

Costs: Hot Springs (\$30?), Camping (\$60?), "Second Breakfasts," (\$????) Travel (riders split gas cost about 40 gals at \$2.30 gal for approximately 750 miles; drivers pay other the car expenses.

Considerations: Nights and early mornings in Sept. can be cold.

We start peddling each day before 7:30 a.m.

Some travel will be on gravel roads of unknown condition until we arrive therefore new tires and a spare recommended.

Ride Leaders: Don Spencer (donaldwspencer@gmail.com

John Burkhardt (jhburkh@hotmail.com

# The Bullards Beach Weekend

# July 28-30 2017



Journey to the southern Oregon coast this summer for three days of riding in places that you don't often see. Dates are July 28, 29 and 30. The rides will be starting at Bullards Beach State Park, 2 miles north of Bandon, OR. Friday mornings ride takes a loop south of Bandon, with a lunch stop in town, and has multiple distances from 25 to 40 miles. Saturdays 45 mile ride goes up to the town of Coquille on one road and returns on another. On Sunday we ride east and north and re-

turn on roads through Bandon Dunes Golf Course. This is a 26 mile route with shorter options.

This is a camping weekend. Make your own campground reservations at <u>1-800-452-5687</u> or at <u>oregonstateparks.org</u>. If you aren't a camper you can still enjoy the rides. Bandon, OR., with many motels, is just 2 miles south of the park. Each campsite at Bullards Beach has water and electricity. Oregon State Parks fill up very quickly so book your space ASAP. Event headquarters is at campsite C55. For more information contact Bud Rice at <u>503-667-0683</u> or at <u>bikebud@spiretech.com</u>.

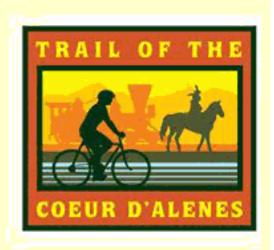


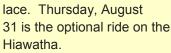
## **Idaho Tour**

August 27-31, 2017

The Idaho Tour is on again for 2017. The dates will be Sunday, August 27 through Thursday, August31. There are three days of riding on the Trail of the Coeur d'Alene with a fourth optional day on the Route of the Hiawatha. The Coeur d'Alene is a paved rails to trails, 75 miles long, that runs across the northern Idaho panhandle. We ride it in both directions. The Hiawatha is a 17 mile, gravel, rails to trails that goes through 9 tunnels and across 8 tall trestles.

This is not a camping event. We will be staying in motels for four nights. The trip starts in Wallace, Idaho on Sunday, August 27. OnMonday, August 28 we ride 50 miles down to Harrison, Idaho, on the bank of Lake Coeur d'Alene, where we stay for 2 nights. OnTuesday, August 29 we ride 35 miles round trip to Plummer, Idaho for lunch. On Wednesday, August 30 we ride the 50 miles back to Wal-







Cost for the trip is \$280.00 per person. There is no sag for the trip. You need to carry enough with you for two nights in a motel. You also need to sign up with a roommate. For more information contact Bud Rice at 503-667-0683 or bikebud@spiretech.com.

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Reserve Now for Your Spot on the San Juan Island trip – August 6-10, 2017

by Cindy Bernert-Coppola

After organizing and leading this trip for many years, Bud Rice has passed the baton to me and to Ann Morrow for 2017. Although we can't hold a candle to his amazing organizational skills, he has promised the share his wealth of knowledge, and we'll do our best!

Reservations have been made for a group campsite on San Juan Island at the Lakedale Resort and Campground. Most folks will leave their car at the marina in Anacortes and bike to the ferry. We will, however, need at least three people to volunteer their vehicle (preferably a truck or van) to ferry our gear to the campground. If you are one of the vehicle owners, you will be reimbursed for the ferry crossing fee.



The itinerary is roughly as follows:

**Sunday, August 6:** Meet at the marina and transfer your camping equipment to one of the drivers. Bike to the ferry landing (just a few miles) and take the ferry to San Juan Island.

Arrive at Friday Harbor and bike approximately 4.5 miles from the ferry landing to the campground

Monday, August 7: Enjoy pedaling around San Juan Island, including scenic Roche Harbor and the lavender fields.

**Tuesday, August 8:** Board the ferry to Orcas Island and follow one of several maps either just into town or on to Moran State Park and up Mt. Constitution. Ferry back to San Juan Island.

**Wednesday, August 9:** Board the ferry to Lopez Island and follow one of the maps ending at Lopez Village and a great bakery (if it's open) or another eating establishment.

**Thursday, August 10:** Pack up your equipment & bike to the ferry landing for the return to Anacortes. Meet at the marina and transfer your belongings from one of the vehicles to your car and head home.

The cost per person for the trip will be \$60/person to cover campsite fees, ferry crossing fees for the three vehicles, and a little extra for shared campsite items. We are limited to 25 people for the shared campsite. To reserve your spot, send a 50% down payment to Ann Morrow at 13207 NE 2<sup>nd</sup> Ct, Vancouver, WA 98685.

Additional expenses to plan for will be your passenger+bike ferry fee (a one-time round-trip fare which includes interisland trips), food (eating out or cooking at the campground), and showers.

Questions? Contact Cindy Bernert-Coppola, cindybco@gmail.com, or Ann Morrow, anniedmor@gmail.com.

### **RIDING IN TUCSON 2017**

Tired of the rain? Yearn for those days of summer when you could ride with just a jersey and shorts ... not all the rain gear, booties, heavy gloves etc?

Once again, there is an opportunity to ride for any PWTC members who can get to Tucson, AZ, this spring anytime between January and May.

As many of you know, there is wonderful weather and bicycling during the winter and spring in Tucson. Tuc-son is a superb city for cycling with wide bike lanes on the main roads, over 100 miles of bike paths, a national Park filled with majestic sa-



guaro cactus at the edge of town, Mount Lemon with its significant climb and many other routes.

You are encouraged to contact Roger Harris for more information at 503-341-6385, or rch2815@gmail.com.



Check your membership expiration date.

Is it time to renew?

Online: <a href="http://pwtc.com/">http://pwtc.com/</a>

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